



**abhaya FOUNDATION**  
an assurance for no fear...



**www.abhayafoundation.org**



# abhaya FOUNDATION

an assurance for no fear...

## About abhaya News Update:

The effort behind making every news update of abhaya month after month, extra ordinary since a decade now. There is a TEAM silently work on pooling the data, updates, reports, photos, feedbacks, quotes, donations etc., for a 30 days period every time. Then the Volunteers sit for designing the news update during night times post their office hours. This would go on for at least 5 days... 30 man hours! Then alone a spectacular news update is published. Thereafter, a team of volunteers will start posting the news update to 20,000 abhaya donors, well wishers, supporters, corporates, NGOs and others across the globe in the first week of every month, further it would posted in FB, Whats App, abhaya web links, Blog and Twitter, reaching another 20,000 people. All these things happening without a break since 2006.

Request each reader of this news update be aware of such an effort behind bringing such piece of heart "the abhaya news update" so that there would be love, care, consideration in understanding what is happening at abhaya with their kind support. That would surely pave the way for making a heavenly difference to their association with abhaya.

**We will be happy to have your kind feedback for the news update. Further will be grateful if you can share this news letter with your near and dear and seek their support too!!**

## LOVE & LIFE for the Country

### Editorial Team

CS Balachandra Sunku, Founder

KSV Sivakrishna, Secretary (Content/Editing)

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# STOP

# READ

# MOVE



## PARTICULARS

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Signature  
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I am privilege to associate with abhaya and its Founder. I believe strongly that this opportunity created by god to me. I am very thankful to god and the founder (My guru CS Balachandra Sunku). I want to become a great Personality Development Trainer like him. He gave me just one suggestion that, when we motivate others for doing their best with our words... one has to do it in the first instance and practice, then only the words carry fire and inspire every one. He always say that we should become a complete personalities rather than Preachers of Personality Development. He wants me to become one such Complete Personality. For this reason I decided to learn everything in life... I joined for driving classes with the help of abhaya. Now additional skill added to me. If someone wanted to become an effective speaker... one has to have command over at least couple of languages Telugu, English & Hindi, hence I am joining for English Classes with the help of abhaya. While I am working for abhaya and its Mission, i set my Mission to become a Complete Personality.

Founder wants me to move from city to abhaya Home of Happiness to develop the home and create Skill Development Center (Human Excellence). I want to march ahead with the Founder so that such long term association with abhaya Home surely gives me an opportunity to prove and improve myself. Following are the thoughts occurring to my heart for refining myself while moving forward with abhaya and its Founder:



### THE WAY FORWARD:

1. To visit all the schools at IBP / Mandals nearby and inspiring them, 2. To visit Social Welfare Residential Hostels & for this, I need to meet Praveen Kumar IPS, 3. Visiting at least 2 Engineering Colleges in a month in and around Ibrahimpatnam and propagating about abhaya while speaking to the students about various subjects of interest, 4. To motivate the rural youth to register for regular classes/ training camps at abhaya home, 5. To work on completing the dream book for the benefit of high school kids, 6. To Serve food for the poor and needy at the Govt., Hospitals, weekly once on Thursday, initially and there after every day.

Further, I found that the issue over there for abhaya Home is lack of publicity, therefore I should more concentrate on creating much needed publicity. I got some ideas to develop abhaya Home of Happiness.

(1) Need to create maximum possible awareness about abhaya Home in Govt., and Pvt Schools, Social Welfare Residential/Junior/Degree/ Engineering/ Management/ Medical Colleges and also amongst unemployed youth, (2) Create abhaya Social Clubs in the Engineering Colleges, (3) Plan for innovative programs enabling every one belongs to all age groups can be connected to abhaya Home and its Mission, (4) Conduct Session on Communication Skills, Time Management, Study Techniques, Interview Techniques, Group Discussion and debate Techniques, How to succeed in life, Goal Setting, Spoken English, Computer Coaching etc., for the benefit students pursuing higher education, (5) C.R.T Training Program for B.Tech Students in college or abhaya Home, (6) Conducting tests for meritorious students and give scholarships to top students, (7) Special training programs for Teachers, Lecturers, HODs, Corporates, Professionals etc., (8) Organize Blood donation camps and health check up camps for the benefit rural communities, (9) Running free ambulance services in the villages.

At last, I conclude that, I must work for abhaya Home while I refine myself in the service of the needy on one hand and until a common man tells about abhaya Home on enquiry in and around the villages of Ibrahimpatnam.

**D Ramesh**  
**Manager - abhaya Human Excellence**  
**Ibrahimpatnam**



# Divine Visit

Visit by His Holiness  
Sri Chinna Jeeyar Swamiji  
to abhaya Home of Happiness

S.No: 58, Vinoba Nagar, Vinoba  
Nagar Development Society, Ibrahimpatnam  
Thursday, the 9th July 2015

## SCHEDULE

- 12.30: Receiving Swamiji
- 12.40: Dedicating abhaya Home
- 12.50: Planting saplings
- 01.00: Visiting abhaya Hrudayam  
Blessing the Teachers
- 01.30: Visiting abhaya Aacharanam  
Blessing Students
- 01.45: Visiting abhaya Nivasam  
Blessing the inmates
- 02.00: Visiting abhaya Prasadam  
Blessing the Self Help Groups
- 02.15: Prasadam & Harathi

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abhaya  
Home of Happiness



అభయ ఫౌండేషన్

అభయ ఆనంద నిలయము

వినోబానగర్ అభివృద్ధి సంస్థ, స.నం.58, ఇబ్రహింపట్నం.



## ఆహ్వానము

పాఠశాలలు పునః ప్రారంభమయ్యాయి. అందరూ చదువుల  
పండుగ చేసుకుంటున్న ఈ శుభతరుణంలో ఇబ్రహింపట్నం  
గ్రామంలోని ప్రభుత్వ మరియు ప్రైవేటు పాఠశాలల  
ఉపాధ్యాయులను సమావేశపరిచి వారిని ఉత్తేజ పరచాలనే  
సదుద్దేశ్యంతో ఏర్పాటుచేసిందే

అభయ

" శ్రీ గురుభ్యోనమః "

జూలై 9, 2015 నాడు అభయ ఆనంద నిలయంలో  
ఉ. 10 గం.ల నుండి మ. 2 గం.ల వరకు కార్యక్రమము ఏర్పాటు  
చేయడమయినది. భోజనంతో ఈ కార్యక్రమము ముగుస్తుంది.  
ఉపాధ్యాయులందరూ ఆహ్వానితులే...



వరమ పూజ్య శ్రీత్రిదండి శ్రీమన్నారాయణ  
రామానుజ చిన్నజీయర్ స్వామి వారు  
వేంచేసి ఉపాధ్యాయులందరినీ ఆశీర్వదిస్తారు.

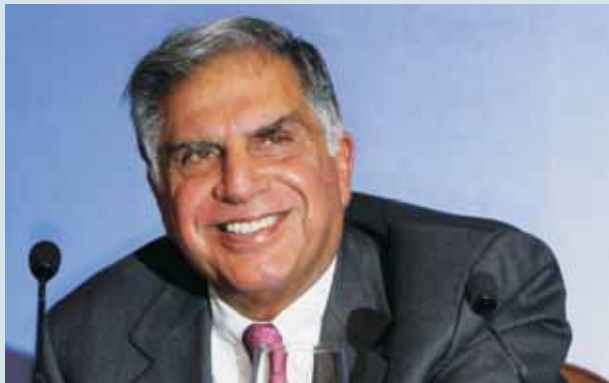


# abhaya FOUNDATION

## CSR Update



### Guidelines needed to monitor corporates' CSR spending: Tata



Eminent business leader Ratan Tata said there should be some guidelines to monitor spending of CSR funds by corporates as there might be some companies either "wasting money" or "siphoning in some form". Tata Sons

Chairman Emeritus said CSR must come from one's heart. "I don't think you can make it (CSR) into a tax which is 2 per cent of your net profit. We don't expect that there should be a penalty (for not adhering to)," he added. "There are companies that will make great contribution to the country and there would be some companies which would be either wasting the money or siphoning in some form," Tata said at the 107th annual general meeting of Indian Merchants Chambers here. Tata also said that country's greatest weakness is inequality in enforcement of governance and called for same right to govern a billionaire and a street vendor. "I think our greatest weakness today in the country is fact that there is inequality in enforcement (of governance). It depends on who you are, what you are, what your money and value is," Tata said. "And the hope, one would have for new India would be total equality that whether you are a billionaire or a street vendor you have the same rights to be governed by law and order in the same manner." He said if the country improves on equality, then the governance will take more transparent position to just ensure that one is operating within the law of the land.

### Bank of Maharashtra felicitates visually impaired girls under CSR in Swashakti Forum



बँक ऑफ महाराष्ट्र  
Bank of Maharashtra  
एक कुटुंब एक बँक

"If you have a positive attitude and strong will to accept challenge, there is nothing and no one in the world to deter you from achieving your goal. These girls have overcome their physical disability and have passed SSC with flying colors" These were the words of Mr Sushil Muhnot, Chairman & Managing Director of Bank of Maharashtra, while felicitating ten vision impaired girls who have successfully passed the SSC exams this year.

### RINL constructs 86 toilets under CSR:

Rastriya Ispat Nigam (RINL), the corporate entity of Visakhapatnam Steel Plant, has constructed 86 toilets at the cost of Rs 95 lakh as part of its CSR initiative under 'Swachh Bharat' drive. Chairman

and Managing Director of RINL, P Madhusudan handed over the seven toilet facilities constructed under this mission at ZPH School Kanithi, Vadlapudi Rehabilitation Colony to School headmaster.





starting with Pune. A Memorandum of Understanding to this effect was signed on 12th June 2015 by Nikhil Pant, Chief Program Officer, IICA and Narendra Barhate, CEO, SEED Infotech. Dr. Bhaskar Chatterjee, Director General and CEO of Indian Institute of Corporate Affairs, Ministry of Corporate Affairs, Government of India graced the occasion.

## How FCRA norms may hurt CSR contributions of Indian companies with large foreign shareholding:

A white notepad with the words "FCRA Compliance" written in red marker. A silver paperclip is attached to the top left corner, and a black pencil lies diagonally across the right side of the notepad. The notepad is placed on a wooden surface.

**ADITYA BIRLA GROUP**

Aditya Aluminium Company, a unit of Aditya Birla Group, has launched in Odisha's Sambalpur district a CSR initiative under which it is promoting self-help groups (SHGs) and helping rural women start ventures like phenyl production, poultry farming and tailoring.

Bibhu Mishra, COO of Aditya Aluminium, says, "We are concerned about the welfare of women from this region and by promoting the SHGs we want to imbibe a sense of entrepreneurship and independence so that they can live with pride and dignity. We have seen visible progress in this regard in Rengali block."

Sunaphula Chhuria from Dudhkabahal village of Rengali block in Odisha's Sambalpur district was a daily labourer barely scraping together enough for one square meal a day. Sunaphula and her husband are from a poor OBC community. Though both worked as daily labourers at that time, it was tough to make ends meet as there was very little money to keep them afloat, she said adding work too came off and on, sometimes in trickles, sometimes not at all.



But life changed one day for the couple and families like theirs when Sunaphula was introduced into the SHG mode of operation done by the CSR initiative in periphery development of Aditya Aluminium Company. As Sunaphula puts it, she learnt about methods and guidelines of SHG. After a few months the group has agreed to prepare phenyl and supply to companies and market nearby. The idea has created a new buzz among group members who are trained by professionals hired by company's CSR-wing.

### **Panel on corporate social responsibility assessment to submit report this month:**

The high-level committee set up by the government to suggest measures and methodology for a proper assessment of corporate social responsibility initiatives taken by India Inc is likely to submit its final report this month.

The panel is likely to recommend setting up of a CSR data analysis platform that will take into consideration details such as funds utilised and geographical areas served, officials said. Besides, the panel is considering several other measures to keep tabs on social spending undertaken by companies indirectly through non-governmental organisations.

### **'50,000 BPL families in JK to get free LPG connections'**

As many as 50,000 families living below the poverty line in Jammu and Kashmir will get free LPG connections under Corporate Social Responsibility (CSR).

This was stated by Minister for Consumers Affairs and Public Distribution Choudhary Zulkar Ali during his surprise visit to HPCL Bottling Plant at Bari Brahmana Jammu. The minister inspected facilities and preparedness of supply at the bottling plant. The Minister said the BPL families would be exempted from depositing security money for the cylinder and regulator. "They would just have to pay the cost of the LPG," he said.

### **Gujarat govt to help firms use CSR funds**

The government has now set up the Gujarat Corporate Social Responsibility (CSR) Authority to create an exclusive agency to channelise contributions to finance projects like construction of toilets and tackling malnutrition, besides several other themes.

"It is Chief Minister Anandiben Patel's idea, which has been spruced up by the official machinery," Maheshwar Sahu, who is a retired IAS officer and the chairman of the CSR Authority created in April, told Mail. "We have created this authority to facilitate companies to channelise their mandatory two per cent earnings for social infrastructure." He says there are 14,000 companies, including some 13,500 forming the small and medium scale industrial units, which are supposed to park funds under CSR activities.

Sahu says the idea is to create a channelising body where the companies investing in CSR can donate or park their funds for effective social development initiatives of the state government. "Several companies don't know where to put their mandatory CSR funds, so our idea is to help them," Sahu said.

"So, once a company approaches us seeking guidance on where to invest, we will put it through an implementing agency at the grassroot level working on the particular subject. The companies can also directly contact the agencies, which will largely be non-government organisations (NGOs)," he says.

"We have taken up pilot projects for construction of toilets in rural and urban areas, tackling malnutrition and diagnostic healthcare," Sahu added. He said the initiative was not to put state government funds but those of the corporates into social initiatives -  
**Compiled by CS B. Kiran Kumar, BK Associates, Hyderabad**





# abhaya submitted its suggestions on CSR Policy & Implementation



1. A State level CSR Monitoring Board comprising of eminent personalities from Government, Corporate Houses, NGOs, Professional Bodies, Tax Dept., etc., to be formed

where all the eligible NGO's undertaking the notified activities as per the CSR Rules need to be registered and the corporate houses to give the funds only to these registered NGO's for specific projects. We could have only four to five NGO's catering to only health, four to five NGOs only dealing with primary education and so on. This will ensure that the funds are spent by the corporates through the NGOs in the local area's as well as proper channelization of the funds and all round development.,

2. The fund which is kept aside as part of 2% of Net Profit must be spent in 3 years

3. Grading mechanism must be in place for the Companies who are spending CSR Funds enabling the Corporate to get grades which would play a role in getting investments/ loans for running the business as socially responsible citizen of the Country.

4. As of now, the provisions of Section 135 the Corporates need to either spend the monies or give reasons for not doing so, as the objective of Section 135 is to bring about social reformation for the betterment of Community, there has to be mechanism to access the genuinely of Corporate houses who are unable to spend the funds and the consequences in case if the reasons provided is not justifiable.

5. The Funds to be spent on CSR need to be transferred to a separate CSR account during the course of the financial year and the same to be part of the CSR policy considering the fact that CSR Funds are being spent out of NP after Tax, there should not be Tax Exemptions again on the amount spent by the Companies which would make the Companies to search for the NGOs who are having 80G/35AC exemptions as the case may be.

6. A professional to provide CSR Funds utilization Certificate which will be part of Annual documents of each company.

7. Each Company having a CSR budget of more than Rs. 5 crores to

employ a qualified professional having Masters Degree in Social Work to manage the CSR Activities of the Company under the supervision of CSR Committee headed by Independent Director.

8. The Companies falling under this threshold may adopt a remote village of their choice and develop it as model village in line with Prime Minister Call on Sansad Grama Yojana Scheme.

9. Professionals like a Company Secretary/ Chartered Accountant/ Cost Accountant need to monitor CSR Activities of the NGO's as well as the Company and review them at the Board Level.

10. A Secretarial Standard must be in kept in place by the Institute of Company Secretaries of India, New Delhi enabling corporate houses to take the same in to consideration while implementing the policies

11. Corporate Houses can look at the unemployed or under employed youth in the locality where they operate and offer them free training for skill development and placement opportunity.

12. State / Central Government to constitute State/ Central Level CSR Awards for the Companies in the country giving away the awards and by presenting the best corporate who did the community work with their funds based on parameters.

13. Government to notify what are all the Projects which needed to have support from Corporate Houses in the country by including them as item in the Schedule VII of the Companies Act, 2013.14.

14. The NGO's who received CSR Funds must annually file a funds utilization certificate along with a report on impact the CSR Fund created in the community.

15. If any Company wish to spend on CSR from their funds even if they are not coming under the provisions of Section 135, the Govt must give them special incentive or tax rebate / exemption for their good work.

We seek your kind understanding about the suggestions provided for the effective implementation of CSR Policies in the Country in the best interest of our Countrymen who are in need across the country in all states by forwarding these suggestions to the High Level Committee constitute by the Central Govt in the said regard.

# abhaya FOUNDATION

## CSR Activities @ Karnataka



TM

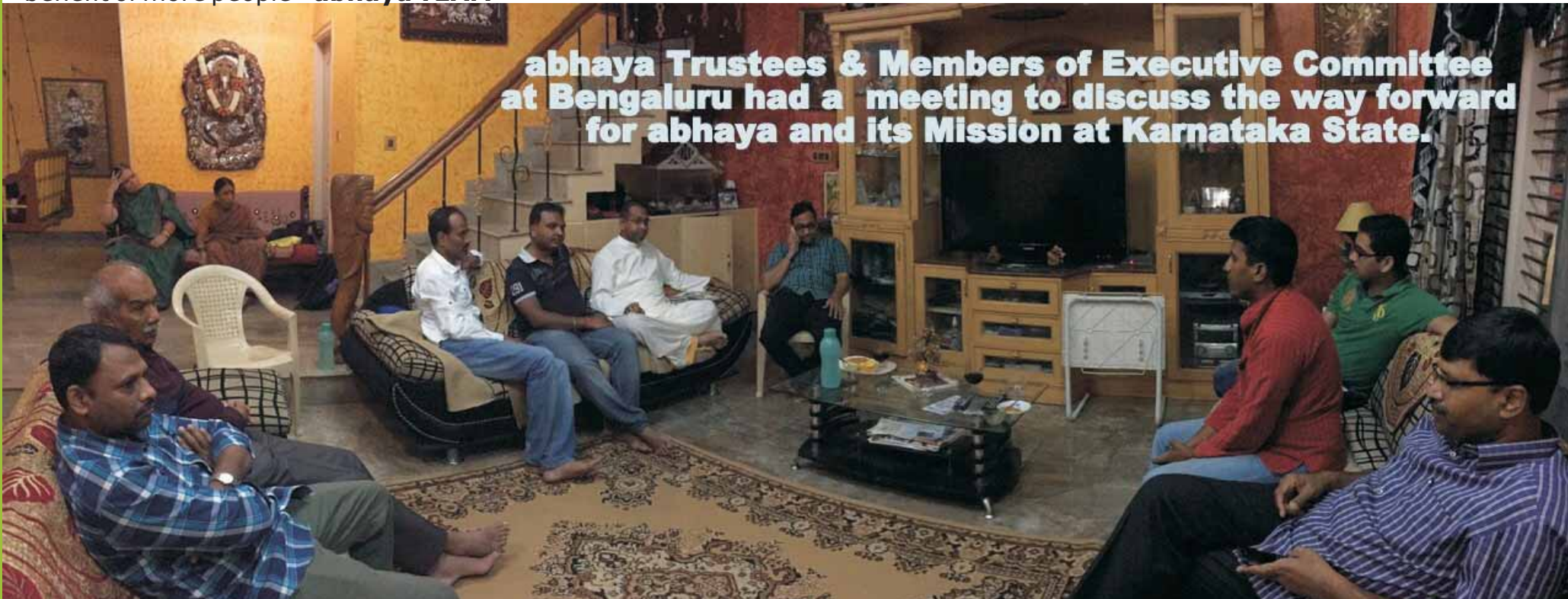
**abhaya providing a traditional well in deep forest for the benefit of tribals near Chippagere.**



abhayan CS G Thirupal, Trustee leading the work of digging the community well for the benefit of tribals of living in the forest near Chippagere, Western Ghats-Karnataka. With necessary approvals and permissions from local authorities and regulators to provide drinking water through out the year, abhaya as informed previously with kind hearted support of abhayans in Karnataka, CS Geetha Sashidhar, CS VS Ambhika, CS Sneha, CS Ajay Joseph, CS Kuldeep Sharma, CS Ravi Reddy, CS Satya Prasad, Mr. Mahabaleswara Hegde, CS Ramesh Kumar Bhat and Mr. Sripad started the digging / construction of well during the month of June 15. It is expected to complete 2 weeks time as rainy season started over there the work is hampered. All materials were procured. Cement rings to place around well are also made over site itself. Now digging of well is on progress. A group of well wishers locally knowing about abhaya came forward and assured that

they would pool money and fix motor and overhead tanker after completion of well. Together each work will happen to the benefit of more people - **abhaya TEAM**

**abhaya Trustees & Members of Executive Committee at Bengaluru had a meeting to discuss the way forward for abhaya and its Mission at Karnataka State.**





# abhaya FOUNDATION

## CSR Activities @ Tamil Nadu



### Sevalayam, Madurai - an inspiring update



#### Sevalayam Campus with new look:

During the vacation, we started the renovation of Sevalayam Campus, white-washing and painting. All the works, as planned, have been completed and the Sevalayam children are enjoying the new renewed environment. We, the Sevalayam Team, is grateful for all the motivation, support and guidance extended by abhaya Foundation, Hyderabad and Corporate Donor Sify Technologies, Chennai and all others who has lend their overwhelming support for facilitating the completion of all these works successfully. Our Special thanks to Mr. Napoleon, Civil Engineer, who have reached our expectations and completed the works in a very short period.

#### Digital Class Room @ Sevalayam:

A Chennai based NGO named "MOTHER" which is run by a family of Vipassana Meditators, donated 3 new Computers with UPS. Already we have 3 computers of lower configuration. So, it is decided to set up a computer Centre in one of the buildings at Sevalayam. There was a need for furniture, knowing this, Ms.Subbulakshmi of VIT, Chennai has consented to

donate the same. The power wiring has to be extended to all these systems and the place in the 1st Floor where we have planned to install the Computers, do not have such provision. Hence, it is planned to be extend from the ground floor. Besides, the room does not have fans so 2 Fans are required for the benefit of both the Students and the Systems.

As of now, the systems are installed as Stand-alone and as we get stabilized, we may connect them with a network. Regarding the training to be conducted, Balakumar, JTO, BSNL has consented to extend his co-operation for deciding the syllabus, modules and faculty for conducting the courses. We have assured to pay some nominal tuition fees for the faculty and MOTHER organization has also assured to share the burden of tuition fees.





The plan is to provide training for practical programmers in the class room like DTP, Office Automation, and Accounting Software like TALLY and programming languages which would be helpful for the students in future. Additionally we are focusing on student's current curriculum for which we have planned to conduct tuitions remotely using Skype given by volunteers from other cities. We will have to provide High Speed internet connection for this. For class room training, we are in need of a projector. Mr. Gandhi Srinivasan has agreed to contribute Rs.30000 for the projector.

### Support needed:

We are in need of Rs. 93,000 additionally for the computer room setup. We are planning to finish this project by the end of this month and will start the computer classes from first week of July. Request you to extend your support as before for the computer room setup as well.

### Admissions:

52 new students have joined mostly studying VI STD. Vacancy is still there for admitting SC Students. Some may join in the course of the month and the total figure shall come around 150 to 160.

## Dedication Event in July 2015:

The Dedication event is being planned for 2nd week of July 2015. We will be happy to have all the well wishers and donors to be there showing their love and care for the students & Sevalayam as but for them, nothing is possible - **Arunmozhi, Coordinator, Sevalayam, Madurai**



# abhaya FOUNDATION

## CSR Activities @ AP & Telangana



### CSC Considering to Support abhaya Home

Dear Team CR - CSC, Good day greetings for you. We are delighted to note your interest in helping abhaya home of happiness, a home for destitute & unemployed youth, located at Ibrahimpatnam, Hyderabad. We are sending a brief presentation about abhaya home herewith along with the proposal seeking your kind support. Please go through the attachments and let us know, if you need any further information. - **KSV Siva Krishna, Secretary, abhaya Foundation**



### GSPV Trust working for the development of remote village Kogatam, Cuddapah, AP:



Kogatam is the village where AllasaniPeddana lived long time ago. The village was named as Satagopam and by passing of time it became Kogatam. The trustees of GSPV Trust wish to do their bit for this village since the trustees are born and brought up in the village. They have done lot of developmental work in the village since long time. Now, as part of CSR initiative of GVPR Engineers Ltd., this village being taken up for further good work.



GSPV Trust, considering the need of setting up a community center for the benefit of villagers, decided to construct a multi utility community center in the village. The Trust spent close to Rs. 25,00,000/- for constructing a beautiful community center. The same was inaugurated by the Chairman, Sri GSP Veera Reddy in the presence of villagers and dedicated for the welfare of villagers of Kogatam.







### Specialty Medical Camp at Kogatamorganised by GSPV Trust

Considering the health issues faced by villagers, GSPV Trust organized a 2 day free specialty medical camp for the benefit of villagers. The Team made reputed doctors in the Cuddapah Dist and Hyderabad to render their services to the villagers. June 13th & 14th, the mega medical camp focusing on Eye, Dental, Gynic, Skin, General health issues seen around 600 people. Consultancy, Sugar, BP, Eye Test, Spectacles, Medicines, Follow up Surgeries etc., all are being done free of cost.





# Bharath & Raji wish to conquer 7 Summits of the World - Need Corporate Sponsors

The dream of every mountaineer is to complete 7 Summits of the World, which are the most difficult and tedious expedition exercise for those who wish to try.

1. Mt. Elbrus, Europe, 2. Mt. Kilimanjaro, Africa, 3. Mt. Kosciusko, Australia, 4. Mt. Vinson Massif, Antarctica, 5. Mt. Aconcagua, South America, 6. Mt. Everest (Chomolungma), Asia, 7. Mt. McKinley (Denali), North America



## Mission 7 Summits by Bharath & Raji

BharathThammineni, B.Tech. & RajiThammineni, MBA a brother and sister born and brought up in Kurnool, Andhra Pradesh, India decided to conquer all 7 Summits of the world with their passion and personal success in facing the challenges while trekking. Both had a strong desire to accomplish the most difficult feat of expediting 7 Summits of the world and wish to be 1st brother & sister from India and 2nd in the world to complete the mission. Hence they named this as "Mission 7 Summits". Both of them completed relevant training with "A" Grade from Himalayan Mountaineering Institute (Darjeeling).

Bharath Thammineni, a student of Sainik School (Guntur), with deep love for adventure running through his veins. Being known as the dare devil among his friends circle, would be the default choice for guiding the adventurous trekking.



Raji Thammineni, an adventure freak with lot of love and passion for climbing and had a strong ambition to plant Indian Flag on all the highest mountains of each of the 7 continents along with his brother BharathThammineni.

**Need Sponsors:** Bharath&Raji will be indebted to those who can stand beside them as Mission Sponsors while they stand apart in the Country in propagating the cause of Swachh Bharat by completing 7 Summits of the world by 2016.

### Benefits for Sponsors

Creating the brand awareness by carrying the logo flags of sponsors throughout the Mission, This being a world record feat, media exposure of the brand is prominent, Bharath & Raji be the Brand Ambassadors for Mission Sponsors for an agreed period. The corporate representatives be present beside them while they meet VIPs, Tax exemption for sponsors will be given u/s 80G of IT Act



## Government of Andhrapradesh considering to support Bharath & Raji



It was on 16th June, we met AP sports minister Accham Naidu at Minister's quarters. We explained him about our 7 Summits Mission. He asked us to meet at Secretariat to discuss the same with AP Sports MD Rekha Rani IAS. On 17th June we meet Sports MD Rekha Rani IAS in office at LB stadium. The Minister Sri Acham Naidu called her personally and asked to look in to our project. The same day we met her and she agreed to take forward our file. Again we met her on 26th June , by that time she prepared letter and forwarded to tourism Department Principal Secretary Neerabh Kumar Prasad, IAS. They are happy and willing to support in getting funds. To get funds asap she asked us to try for CM and ask him to call Principal Secretary Neerabh Kumar Prasad to release funds. 29th June again we again met Sri Accham Naidu and he said he would call Principal Secretary Neerabh Kumar Prasad to release funds asap. As CM was busy we couldn't get his appointment. We are hopeful of getting some support from the Government and Corporate while bringing laurels to Andhrapradesh & India. - **Bharath Thammineni & Raji Thammineni**

**FOR 2 YEARS**

**I HAVE BEEN GATHERING MY ASHES, SO THAT  
I MAY FLY NOW... LIKE A PHOENIX**



**Bharath & Raji  
Mission 7 Summits  
+91 9959020600  
+91 9503607766**



**For further details**



**CS Balachandra Sunku  
Founder  
+91 9963002727**



# abhaya Home of Happiness

## Latest Update



### Voluntaries Meeting on 5th July

Dear abhayans...

Seeking your time to read this & understand so that you can respond

Time has come to show our solidarity to abhaya and its service initiatives. As discussed previously am planning to move from Hyderabad to abhaya Home Ibrahimpatnam from 1st July 2015 to do what best possible for taking the activities to next level.

Many of Board Trustees & Well wishers pooled resources for my survival for 1 year. Now, I need to have your support too. This Sunday 5th July 2015, let's plan to be there for a day at abhaya Home so that we all can have a brief meeting and also attend to other works.

Sri Chinnajeeyar Swamiji is visiting abhaya Home on Thursday the 9th July. Hence meeting over there is very important. Let's know who wish to join hands for volunteers work so that we can plan for transportation. Plan to leave city by 9AM on Sunday and return by 4PM.



**Love & Prayers**

**CS Balachandra Sunku  
Founder**

### Full day orientation program for students of Social Welfare Hostel

As part of empowering youth initiative of abhaya Home, the team started working on young adults of Ibrahimpatnam. In this direction, a full day Orientation Session for TSWARO Inter Students was organized at HoH on Tuesday. Ramesh and his team did a wonderful job. We at the outset, convey our heartfelt thanks for the opportunity given to serve Inter Students of SWARO at abhaya Home of Happiness, Ibrahimpatnam on 10th June 2015. It was a unique experience for abhaya team in motivating the students while they set their goals and improve life skills which would be needed for going forward in their careers. We felt amazed to see the way the principal, T.S.W.R.M school & college responded to our visit and enquiry. We found that he as a Principal of Campus has lot of interest, commitment and dedication in making difference in the lives of hundreds of students. We believe that if each hostel has a person like him the student community would surely be benefited.



We had a 6 hrs session for our SWAROs. The first session was about Introduction to abhaya and home, followed by self introduction by students along with their brief profile written in a chit of paper talking about their strengths and weaknesses. 2nd session was about Goal Setting, 3rd session was about overcoming their weaknesses and final session was about motivation. Each student could be seen inspired from sessions and they were all inspired from the life stories of great leaders. They learned about importance of education, teachers and parents.

Couples of students have given commitment to secure 90% marks in Inter 1st & 2nd year as well. They have given feedback to abhaya and they want more sessions like this. abhaya wish to conduct more such residential camps for **2 days to 7 days** in future for the benefit of students on life skills. **Computer Basics, How to face Exams and study techniques, Communication skills, Time management, Inter personal skills, Career/goal settings etc,- D Ramesh, Coordinator, abhaya Home, Ibrahimpatnam**



### **Sharat Chandra, Area Coordinator, DRDA - Ibrahimpatnam visited abhaya Home.**

Sharat Chandra along with his team Santhosh and Satyanarayana from DRDA visited abhaya Home to see and understand what is happening.

I explained them about abhaya works, history of inmates and abhaya home aims. He was inspired a lot and he said that he wants to continue his journey with abhaya. He is ready to do help to people through abhaya. He has given assurance to the team that if in case of eye problems to anyone at home, he can help in getting the free treatment done from his end and also try to help for poor students who has the problem for books. He was inspired from the board members of abhaya Foundation. - **D Ramesh, Manager - abhaya Human Excellence, abhaya Home**

### **State Bank of India staff inspected abhaya SBI Ambulance at abhaya home**

abhaya Ambulance inspection done by M.Raju, Dy. Manager of the SBI. He was inspired with abhaya's work and appreciated the good work happening at abhaya Home with the support of their ambulance. Incidentally, when he visited home, the Orientation Session was going on and he very happily spoke to the students of T.S.W.R on goal setting and opportunities of the banks for some time. He interacted with inmates. He has been watching abhaya news letter since an year or so. He felt very happy to associate with abhaya Foundation and also felt proud about the Founder of abhaya, his selfless work.







## A visit with a difference by Kalyan and his family members:

Kalyan Chakravarthi visited abhaya Home with his mother and members of his joint family, stayed there for half a day. They caringly prepared lunch at their home to serve the inmates and they had their lunch at abhaya Home. They visited entire campus and learn so many things about abhaya. They spoke to inmates and enquired about how they came to abhaya Home. They were moved listening to the story of Kusuma, Lakshmaiah and Kameswar Rao. Kalyan while appreciating Abida D/o Jilani & Chandbi the staff over there, said that they were all inspired from her to do service. Knowing that the family members are devotees of Sai Baba, while I was speaking to Kalyan, I shared with him that I did not see Bhagavan Sathya Sai Baba in physical form... he told me that no matter even if you have not seen Baba... but, you are following his values in true sense. Those words gave me lot of inspiration. He advised to connect Radio Sai the on line devotional radio in all the blocks of abhaya. He gave a tight hug while leaving home saying that they were all inspired by abhaya and its ongoing projects. - **D Ramesh, Manager - abhaya Human Excellence, abhaya Home**



**Every family can spend some time @ abhaya Home**



## Campaigning is on special events on 9th July 2015 for teachers & students

I met the M.E.O of Ibrahimpatnam Sri Srinivas and explained about the program for Teachers "Sri Gurubhyonamaha" and competitions for high school students on 9th July 2015. Informed him that SRI TRIDANDI SRIMANNARAYANA RAMANUJA CHINNA JEEYAR SWAMIJI kindly consented to visit abhaya home. He gave me positive response and he said that he will instruct all the HeadMasters of all the Schools in and around Ibrahimpatnam. He very caringly and personally instructed all the Head Masters in a meeting about the events. I visited about 18 schools and met the Heads seeking their support to motivate their Teachers and students for this event on 9th July 2015. Everyone gave a very positive and good response. Some schools invited abhaya to conduct the Personality Development Sessions in their Schools. - **D Ramesh, Manager - abhaya Human Excellence, abhaya Home**



## Chairman provided new saris to inmates in memory of his late wife Meda Sakunthalamma



## Vignan Students met the Founder

We never organized such an event till now, so everyone is bit hesitating to share their views. All are thinking that you already suggested the best plans for Ravi and his well being. So we thought, if no new idea comes, then at least be volunteers for the Mission to save Ravi. I am trying to learn things, by observing the Founder. It was very inspiring to know about abhaya and its selfless work. I am not expecting anything from abhaya except knowledge and will to do service

**Suray Teja,  
Coordinator,  
VNR -  
Students  
Force,  
Hyderabad**





## abhaya to support Operation EINSTEIN - 2015 at TSWRO

Sri Narasimham, the Principal when visited by me, requested abhaya Home to help for their innovative initiative called Operation EINSTEIN 2015 declared by Sri Praveen Kumar IPS, which is aimed at inspiring the large number of students who are poor in Mathematics and Science. He wanted every student be perfect in these subjects. The initiative covering many aspects and one such important thing is RANGAVALLIS on school walls with relevant matters of MATHEMATICS & SCIENCE. abhaya was requested to help them for meeting the costs involved. abhaya and its Board considering the good work that is being done by the Hostel, sanctioned Rs 25,000 towards painting the walls. - **D Ramesh, Manager - abhaya Human Excellence, abhaya Home**



### abhaya Home in need of multi utility Vehicle

Sirkanth Natarajan, a long term associate and supporter of abhaya suggested that if we are able to add a multi utility vehicle, it would be of great

help for our programs. He further suggested to have 'Multix' which is recently launched in India, touting it as the country's first personal utility vehicle for independent businessmen. The five- seater Multix is priced between Rs 2.32 lakh and Rs 2.72 lakh (ex-showroom Delhi) and is available in two variants. The company said the vehicle is tuned to deliver fuel efficiency of 28.45 kmpl on diesel, placing it alongside a motor cycle in running cost. The vehicle can generate 3KW of power, which can be used for lighting homes and powering equipment such as drilling machines and water pumps. The vehicle is powered by a 510cc diesel engine. abhaya looking forward for donors who can dedicate such vehicle for the Home of Happiness - **abhaya Team**

### Venkat set up the computer lab

Venkat visited abhaya Home during last week and he took stock of situation for setting up computer lab. He connected to another known friend of Founder Venu, a electrical executive who did networking related issues for the set up for almost 10 hours. Later Venkat spent close to 8 hours and setup the computer lab. He installed the all systems and set up all the requirements of networking. abhaya salutes him for his wonderful selfless voluntary work. abhaya really feel proud to know such poeple - **abhaya Team**





# abhaya Home Inmates – Update

## abhaya Home welcomed Ravi



Teja, a member of VNRSF Social Body in VNRVJIET Engineering College located in Bachupally got to know about abhaya home through CS G Raghubabu, President of abhaya and approached abhaya for medical help to Ravi. Ravi is provided with medical help from them for past few months. Few years ago when he complained of suffering, the Doctors had operated his legs which made him to move on the wheel chair for since then. The team had taken to the orthopedic who suggested physiotherapy treatment once in a week for a long run. Whereas by this time, his physical condition became very weak and both legs bent

beyond correction due to uncaring atmosphere at his home. He was advised to take a healthy diet for which his family's economical condition does not support. He needs to be taken to physiotherapist regularly, to have a quick recovery. Most importantly he is being demoralized by his neighborhood. Not this alone, but also he is kept disconnected with the outside world and all these issues became difficult to the team of students, however they started meeting him regularly and sowing moral thoughts in his mind to overcome the present situation. So they thought that change in the atmosphere would bring progress in his health and life as well. With all these reasons they approached abhaya seeking help. abhaya Home member, Dr.Shulapani agreed to see the boy and suggested course of action.

abhaya welcomed Ravi and his mother to abhaya Home as Doctors advised him to have good food and basic care which will be taken care. He is happy to be there but his physical condition is weak and abhaya wishes for his speedy recovery - **abhaya Team**



## Kusuma

The first inmate of abhaya home whose leg got operated about 6 months back is discharged from Rajyalakshmi Hospital. She needs to have lots of positive thinking to recover. abhaya prays for her well being. She was overseeing the activities of home since 2 years. Right now with the help of Medical Assistant Babji at home, trying to gain strength with prescribed exercises and slowly standing on her legs... struggling hard to walk on her own - **abhaya Team**





## Volunteers meeting at Home of Happiness for the proposed visit of Sri Chinnajeeyar

abhayans Anvesh, Krishna, Bharath, Naveen Reddy, Ramesh, Venkat, Master Poojith, Manohar, Siri Prashanth, Srinivas and Me) along with the Founder met there at abhaya Home to discuss and bring out an action plan for the proposed special events on the eve of Sri Chinnajeeyar Swamiji visiting abhaya Home on Thursday the 9th July 2015. We all started at 930AM from abhaya Hyderabad office. The travel was fun filled by Master Poojith (8) with his innocent and interesting stories. The founder was very impressed with him as no child is able to tell stories these days. Poojith is a very energetic and sharp boy and he received gift from founder when going back to home.

We all reached abhaya home at around 11AM. Many volunteers (Bharath, Krishna, Manohar, Siri Prashanth and Anvesh) are visiting abhaya home for the first time. I took them a complete round of the campus sharing the stories and anecdotes about abhaya and its mission to serve with H.E.A.R.T. They were all keenly listened and learned so many things from the campus visit. They talked to inmates and known their stories.

We thereafter had a meeting with the Founder at around 12PM. We all discussed about the action plan to volunteers for 9th July 2015 and following are the points noted by the Volunteers.

- There is need for 50 volunteers on 8th/ 9th July 2015
- Direction Boards on the roads leading to home from Ibrahimpatnam.
- Volunteers to stand at every cross road and guide the people.

- Detailed programs on 9th July 2015
- "Sri Gurubhyonamaha" to teachers at abhaya Hrudayam.
- 3 different competition for High School Students. (Singing competition on patriotic and devotional songs, Essay writing competition "Life Journey from I to We and Elocution "How to achieve Swatch Bharath". There will be 3 different prizes for all the first winners (1st prize: Silver Medal + Rs 1000 2nd prize: Silver Medal + Rs 500 3rd Prize Silver Medal + Rs 250)
- Meeting of office bearers of Self Help Groups of Ibrahimpatnam Mandal at abhaya prasadam.
- Volunteers to serve Prasadam to all visitors on that day.

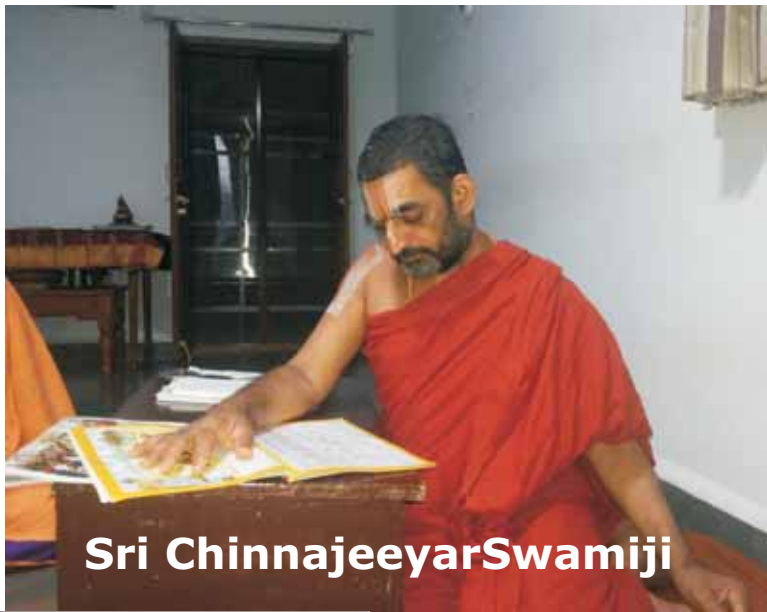
On conclusion of meeting, all volunteers attended to some physical work at the campus like cleaning, removing weeds in the garden, removing un used drip pipelines etc., finally we had lunch and returned to city with some very positive vibrations.

**- D Ramesh, Manager - abhaya Human Excellence**





## VIPs connected to abhaya Home during June 2015



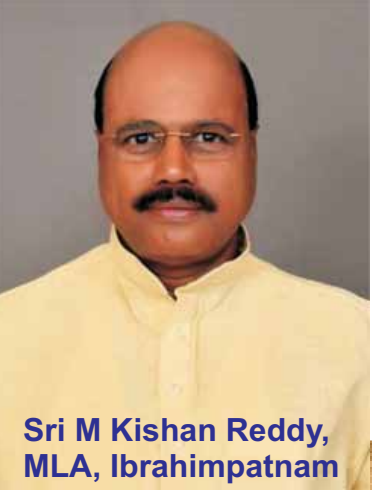
**Sri Chinnajeeyar Swamiji**



**Sri Madhava Reddy, Vandematharam  
Sri Sada Venkat, Gnana Saraswathi**



**Sarweswar Reddy,  
PD - DRDA**



**Sri M Kishan Reddy,  
MLA, Ibrahimpatnam**



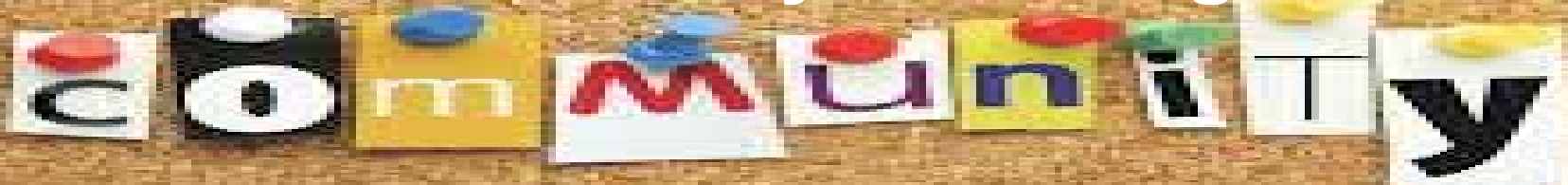
**Sarathchandra, AC - DRDA**



**Sri Simhas - MEO and Sri Viswanath Gupta -  
HM - Govt Boys High School Ibrahimpatnam  
stood by abhaya Home**



[www.abhayahome.org](http://www.abhayahome.org)



**Be the Change. Lead the Change**





## Founder met MEO Sri Srinivas at the Govt School, Nandi Vanaparathi

Founder desired to visit Nandi Vanaparathi - Govt School to attend an event organised by Old Students where in the School is being adopted based on the Invitation he received from "Gnana Saraswathi Foundation. Founder as usual sat along with kids and he quickly became friend of high school students and started asking questions and offered gift prizes. It was very coincidental to see the MEO Srinivas garu and Viswanath Gupta garu at the venue and the Founder very respectfully met MEO and thanked profusely for the wonderful support that is being extended to abhaya Home in organizing the proposed educational activities. He further shared some of the future plans for the Ibrahimpatnam Mandal Govt Schools like

- Honour the Best School for the year 2015-16 with abhaya grant of Rs 50,000
- Honour the Best Teacher for the year 2015-16 with an Award.
- Select the top 10 Best Students for the year 2015-16 and give them scholarships if needed.
- Conduct residential training programs to teachers and students at abhaya Home.

MEO Srinivas gaaru was very happy to know the plans of abhaya and also impressed with the works of abhaya Home. He while assuring his support responded positively about the proposal. The proposed Awards and Programs would be declared on the eve of Sri ChinnaJeeyar visiting the campus on 9th July 2015.

- **D Ramesh, Manager - abhaya Human Excellence**



## Concrete Road laid at the campus

As there is erosion of road internally at abhaya home due to slope. Chairman and Founder opined that its better to lay a concrete road for about 150 ft length road. Sri K Janardhan Rao, the man who stood by construction work of abhaya home caringly took up the task. The entire work is done in 10 hours. Sri Meda Narasimhulu took special care in doing this. We pray for the wellbeing of eachone who were involved in this work - **abhaya Team**





## an appeal

Let us not shed tears at someone's dire conditions of life...

Enough number of people has shed tears

Let us not be empathetic for the needy!

Many people showed concern in their own ways.

Let us not suggest ideas for the improvement for them.

Many more suggested and discussed ideas of uplifting the lives.

Enough is enough.

**All we need is ACTION,  
NOW or NEVER.**

Come, Let us do our part for the betterment of our own fellow beings!

Thereby let us transform our self and live with a PURPOSE in LIFE

Abhaya's Mission is to serve with H.E.A.R.T

Here is an answer for all those who are in need...

**abhaya Home of Happiness**



## How to Donate?



### Bank details for Indian Donations:



Beneficiary	: abhaya FOUNDATION - abhaya Home of Happiness
Account No	: 912010024839320
Bank	: AXIS Bank Ltd
Branch	: Hyderabad
MICR Code	: 500211002
RTGS/IFSC Code	: UTIB0000008

### Bank Details for Foreign Donations:



Beneficiary	: ABHAYA FOUNDATION
Account No	: 052210011051007
Bank	: Andhra Bank, S.R. Nagar Branch, Hyderabad
MICRI Code	: 500011042
RTGS/IFSC Code	: ANDB0000522



### abhaya FOUNDATION

abhaya, 6-3-609/140/1,  
Ananda Nagar, Khairathabad,  
Hyderabad - 500004.  
Ph: 9963002727/ 9866593535

**Volunteers**  
are just ordinary people  
with extraordinary  
**hearts.**

They offer the  
gift of their time  
to teach, to listen,  
to help, to inspire,  
to build, to grow,  
to learn.

They expect no pay,  
yet the **value** of their  
work knows no limit...

They've known the  
**unexpected joy**  
of a simple hug.

They've planted tiny  
**seeds of love**  
in countless lives.

**Volunteers**  
are just ordinary people  
**who reach out**  
and take a hand  
and together  
make a **difference**  
that lasts a lifetime.



# “HEART” Healthcare Update



## TOGETHER WE CAN DO!

CS Institute sent an email, yesterday for helping CS Ravi Shankar Chouhan, Gurgon for his kidney transplantation. I suggest let us all extend our support to him. I confirm Rs.20K from my side and request abhaya to spread the cause amongst all its well wishers.

- CS Nagaraj Kumar, Laurus Labs, Hyd



Brief: He is 38, both kidneys damaged. Now u/ dialysis at Fortis, Gurgon. He is able to pool Rs.2 lakhs and ICSI CSBF granted him Rs.60k. Estimated cost is about Rs.10lakhs and abhaya wish to stand by him with your support.

**abhaya FOUNDATION**

wish to appeal each Professional associated with it... to lend their hands of support with prayers!



[www.abhayafoundation.org](http://www.abhayafoundation.org)

**Together Everyone Achieve Miracles**

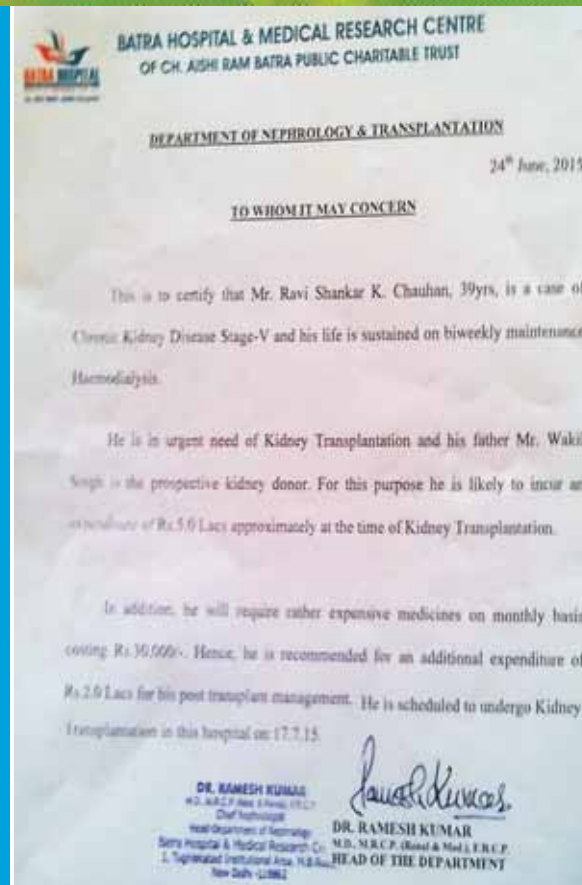
## Mission CS Ravishankar (Gurgaon)

Following is the pool as of date for CS Ravishankar Chawhan Gurgon whose kidneys are damaged post to CS A Nagaraj Kumar initiated the Mission to support him

October 2014

CS Nagaraju	20000
VV Kumar	15000
CS PS Rao	10000
M Narasimhulu	10000
abhaya Foundation	10000
Bhaskaraiah	10000
Jaganmohan	10000
CS K Narendra	5000
CS Ahalada Rao	5000
CS Sudarshan. P	5000
Ravi Subramanyam	5000
CS R Venkata Ramana	2500
CS Sathish GK	2000
CS Anjaneylu	2000
CS KSVS Sastry	1000
CS Savita Jyothi	1000
<b>Total</b>	<b>113500</b>

We have informed CS Ravi about pooled fund of Rs.1.25lakh n asked him to provide Fortis Bank info so that we can transfer. Please do spread the cause further as the need is about 6 lakhs.



I am CS Ravi Shanakar Chauhan suffering from Chronic Kidney Disease Stage – V (CKD-V). I am suffering from this disease since April'14 and My life is sustained on expensive medication and Haemodialysis Maintenance. I am the sole bread winner for my family. I am financially not that much well to do as of now so not able to bear the cost of expensive diagnosis and kidney transplantation. We have expense of approx 3.5 Lacs on Medicine & Pathology test as of now. Currently I have 1.5 Lacs only for this treatment. Batra Hospital & Medical Research Centre is diagnosing me with expensive medicine and dialysis. As per direction of Hospital this is a short term solution for this disease even risky for life. So they have planned to transplant one of my kidney on 17.07.2015. My Father is donor for the same. Hospital has given an estimated cost of INR 8 Lacs (5 Lac for kidney transplantation, 2 Lacs post transplantation for medicine & 1 Lac for pathology test before kidney transplantation) I request you to help me out to the extent possible. (27-06-2015) **abhaya releasing Rs. 1.25 Lakhs to the hospital.**





## Mission Gurudev

During the last month, father was there for 2 weeks at Rajyalakshmi Hospital, Vabasthalipuram. With abhaya reference, we got free service in the hospital. We have done all the nursing care and thereafter after we decided to shift him to home. We consulted doctors and took CT scan and the report was seen by Dr.Sulapani. Everything is ok sir...it takes time for recovery. Now at home also we are taking all nursing care...including physiotherapy. As advised, using 10% medicines and 90% physiotherapy, his health may improve. Right now I am searching for a job – **Phanisharma, S/o Sri Ramaavadhaani, Hyderabad.**



## Mission Sai Priya

Sai Priya is slowly and steadily progressing under the care of her grandfather. She started going to school with the help. This is surely a miracle to see her walking like a normal girl without any bend on her back. We pray GOD to shower HIS choicest blessings on her so that she would lead her life with confidence. - **abhaya TEAM.**

## Mission Hari Prasad

Hari Prasad got chickenpox in the middle of this month and was absent to the physiotherapy classes for 10 days. He is fine now and back to the treatment. His mother is taking good care of him and regularly updating abhaya about the progress. Abhaya has paid the fee for May and June months. Sweekar also considering the health issues of Hari Prasad and assured to extend their treatment for 10 extra days. We thank them from the bottom of our heart. – **KSV Siva Krishna, Secretary, abhaya Foundation**



## Mission Sireesha & Divya

Abhaya special children Sireesha and Divya restarted their physiotherapy treatment. Their mother Manga could not take both of them to Sweekar for treatment. abhaya took care of them for about two and half years.



The progress in these years is good. As the mother herself withdrawn, we stopped on this mission. But they called again saying a physiotherapist came forward to give treatment at a discounted price. We spoke to him and requested him to treat both the girls for 30-40 mins each. He is regular and assured that we will see the progress shortly

– **KSV Siva Krishna, Secretary, abhaya Foundation**



# “HEART” Educare Update



## Lelavathi (M.Sc.,)

I am S.Leelavathi from Anantapur. My family and I are fine as well. I have successfully completed my M.Sc with abhaya's encouragement and financial help. Now I am preparing for CSIR, this is the entrance for P.HD which gives me Rs.40, 000 fellow ship for top rankers and also eligibility for the posts of Junior and Degree lecturers so this is national level talent test. I have only 12 days time and I am preparing seriously. As of now my only focus is securing the rank for which I am also taking coaching at Bhagamberpet Hyderabad and

staying at hostel with abhaya's financial support. My birth day was celebrated at abhaya on June 1st I am so happy that I could celebrate my birth day at abhaya. Thank you for giving me such a wonderful opportunity and time. I wish to share a few about the importance of chemistry in life. C-community H-health E-Environment M-medicine I-industry S-science T-teaching R-research Y-You Chemistry plays a major role in our day to day life. As a matter of fact out entire Universe is made up of countless atoms. The matter in the universe changes its form and evolves into a different form which is a constant process.

## Sireesha (Agri B.Sc.,)

I am Sireesha from Trinity Academy of Agriculture writing to inform you about the status of my education. I am very thankful to your kind support towards my education. Our regular course portion was completed on 10th of May and immediately I have started my preparation. Examinations commenced on 3rd of June and four papers are left as of now which will be completed by 15th of June followed by other practical examinations. I am residing at Agra presently.

## Swapna (CA)

My name is SwapnaPriya. I am fine here by the God's grace. Recently, I completed my Intermediate in Sri Gayatri Jr College and secured 80%. I wrote CPT exam to pursue Chartered Accountancy and the result are expected to come in the next month. Now, I am searching for a good degree college to join for B.Com course, I am searching for a college nearer to home so that I can focus of CA simultaneously. Swapna Priya got admission in Santhinikethan Degree College for Women, Erragadda, Hyderabad. The Principal, Smt Rajyalakshmi, very kind enough to provide max possible discount for Swapna as she is aware of abhaya and its work since long time. Smt.Aruna Pradeep Reddy, Secretary of Sai Seva Sangh helped the team to get the admission. We thank each one of them for their wonderful support - **abhaya Team**

## Md Arifuddin (B.Ed)

I have taken part in Telangana Sambaralu and donated blood in the blood donation camp. I have also participated in other district level competitions in which I have secured 1st place in quiz competition and 2nt place in essay writing and elocution as well. As of now I am preparing for PG entrance examinations.





## Sailatha (MBBS)

I am fine here by the grace of God and hope all abhayans are leading healthy and good life. Our classes continued up to May 6th and postings up to 15th .During these days I tried my level best in being up to date in my syllabus. In between these days as I was suffering from severe back ache even in my resting conditions, I consulted the doctor ,then he advised me to take x-ray & he told that am having osteochondritis, and this will be relieved by doing some exercises and using some tablets.

From May 15th onwards we were having summer vacation. Then I felt bore without college. At that right time founder called me and he gave an idea how to utilize the time in holidays. Thus, I was so pleased to experience his graceful concern, unconditional caring & loving affection towards me. Then I started attending classes in the summer course, especially for the students, who completed their degree, inter etc. and pursuing for various competitive exams and they all are from different places. There I have learnt different topics regarding reasoning classes, etc., which was interesting. During this wonderful, divine

coaching, I got an idea that , "why can't I teach the self-defense techniques, that I got trained in a program to these innocent village girls". So by the blessings of lord, one fine day I started my service in making all the girl students to learn all the techniques, like anti-kidnapping, anti-rape drill etc., thus wonderfully enjoyed. Apart from these, I spared some time for my study purpose.

For the few days I have spent my vacation in Kurnool at home. One day casually I went for a eye checkup which I yearly use to visit. Then he told that my optic nerve has got inflamed in my both eyes. So he advised me to undergo some tests like colour vision, fields (FHA) test for conformation. After seeing results he reported that there was complete blur around the nerve in my right eye when compared to left eye. In order to know whether it is peripheral gliosis, or problem in disc and the etiology, he asked me to undergo MRI scan. It costs more than Rs.5000/- in private scanning centres.so I preferred general hospital in Kurnool, because it is not there even in our hospital. After getting signed on different papers by neuro doctor, I went to technician & he asked me to come after 4 days. So as per the given date I went to hospital. Finally the other technician told that it is impossible to scan my brain & orbits due to the presence of metallic braces to my teeth. He gave a trial but there was no problem like dragging force on my teeth even though the scan is mainly based on magnetic resonance. However it became impossible to make out an image due to the failure of penetration of radio frequencies. Again doctor suggested me to go for CT scan. Right now am not having any problem in my vision except severe headache now and then. Am quiet all right. From 1st of June onwards our classes commenced again. Now I have been posted to TB ward where am staying so much cautious by using masks, while examining the patients & clearly knowing about respiratory system.

## Sharmila (B.Tech)

Firstly I am very sorry for not regularly sending my monthly reports. My situation is very bad at home, so I couldn't send the reports. But it is completely my mistake. We had been to Bangalore for 3 days (1-3 May 15) from College for the SRISTI Fest organized by ABVP. Me and my friend have given a presentation on "Idea impact for Better India" and we got Second prize. the last working day for 6th Semester in My college is on 23rd may. My external theory exams will begin from 13th June and I have external lab exams from 26th May onwards. I'll work hard and do well. My total internal marks is 147 out of 150. I'll really strive hard to get good marks in externals also. Once again I apologies for not sending my monthly reports. I'll not repeat this next time.





## abhaya Kids @ Sai Seva Sang:



K.Sridevi -Passed in Intermediate I year and presently staying at her Aunt's home during summer vacation. K.Mangahss Secured 7.0 gpa in 10th standard. We have joined her in Shantinikethan College, Erragadda. She is at her Aunt's home for summer vacation. K.Suguna has appeared for Open 10th supplementary exam and results are awaited. K. Radhika -Completed V standard from DAV Public School. She is at her Aunt's home for summer vacation. Gayathri has Completed IX standard from Sri Sathya Sai Vidya Mandir. Her standard is from 70-80% Meghana has completed VIII standard from Sri Sathya Sai Vidya Mandir. She has secured 85%. Thank you for your continuous support. - **Ever in Sai Service, T.Venkata Rao, Warden, Sai Seva Sangh, Hyderabad**

## GVK School Update

Meeting of Board Directors was held at Rajahmundry, Sri Hansraj Botra, Member from abhaya was elected as a Vice President, Sri Appaji, elected as a Treasure in the place of Sri N Sesagirirao and Sri Venugopala Raju, Bhimavaram was taken as a member. In the said meeting, it was decided to do flooring for girls Hostel, Science and Computer Lab, with Cuddapa Stones, to complete wiring for both hostels and school buildings, Barbed wire fencing work to be taken with the amount of Abhaya Foundation.



Flooring stones worth of Rs.57,000/-, Electrical articles etc were also down loaded in the school premises. School academic year started from dtd 15.06.15 and completing formalities for new admissions and expected strength 200 to 220 members (1st to X )for this year. District director, DEO and Asst Tribal Development officer visited to our school in this month and appreciated to staff and 10th class students for cent percent result.

Most needed and important item is Rice, We need to have 10 tonnes for the year. We will be grateful if you can kindly support us in the said regard. As per the estimation, per day 60Kgs were used in the Hostel. Monthly min. 1800/-kgs were required. Sir We are inviting to you and abhaya family for Godawari Pushkaras Please plan and come to Rajahmundry and visit to our GVK School, kindly confirm your program for arrangements. - **S.Bhavanarayana, Jt. Secretary, GVK School, Addathegala, EG Dist, AP**



## Donation of Mechanical Engineering books by Upendra:

Standard Books useful for Mechanical Engineering and Diploma courses donated by Krishnam Upendra Archana. Deserving students who need them can approach abhaya we will be more than happy to give the books.

## Vivekananda Degree College to come under abhaya umbrella

It was during 2006, Vivekananda Degree College was started at Vempalli by my nephew, Mr.P. Muralinatha Reddy after working in Indian Navy for about 15 years, and he has started working with Merchant Navy now. Out of his savings he wanted to contribute a little to the society through this small project. This is the only degree college at Vempally, which is 45 KMS from Cuddapah on the way to Pullivendula. The college offers B.Sc., B.Com, and B.A.

During 2007, Intermediate course (10+2) with MPC & CEC subjects was started and admissions to Junior Inter were not made in 2013-14, since we have decided to close the Intermediate Course. The Total number of students during the past academic year 2014-15 was 130. Out of which 75% are girls. The students attend the college from around 30 villages around Vempally.

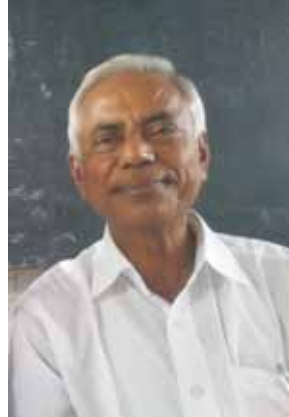
The college is being run under the name of "Vivekananda Education Society ". The society purchased the land, 4 acres and 80 cents from Government of Andhra Pradesh on a hillock. Temporary sheds were constructed and the college was shifted from rental premises to the present location during 2010.

The teaching staff working in the institution are 15 in number including three women teachers, whose monthly salary ranges from INR 6500.00 to INR 12000.00. Supporting staff for the institution are 4 in number whose monthly salary ranges from INR 6000.00 to INR 8000.00.

The Institution has Computer, Physics and Chemistry Labs apart from Library with minimum number of books. We are looking for a Librarian and Physical Trainer teacher. The institution does not have any liabilities as of now. And the entire financial support is from Mr. P. Muralinatha Reddy who has spent about INR 60 Lakhs for running the institution till now. The college was started with a Mission to Serve with no

commercial gain. We wish to train the students to become good human beings stressing more on academics and character building equally.

Our resources will not match with our vision, hence we are looking for a spiritual, service oriented organization which can take over the college. We would like to donate the college with only condition being to serve the educational needs without any commercial motto. We humbly request you Sir, to look for any such spiritual and service oriented institution to take over the college. - **P.Narayana Reddy, Correspondent, Vivekananda Degree College, Vempalli**





Founder with CS G Thirupal, Trustee visited the College post receiving the proposal and spent a day interacting with Students in the first half and later with all the teaching and non teaching staff individually to assess the situation. It was really heartening to know the management team of college putting in their best to do good work for the youngsters of the villages around Vempalli since 2006.

The Founder, prepared an action plan detailing what are the ways and means, the Institution can be rejuvenated and serve better. abhaya Team consisting of CS BalachandraSunku, Founder, CS G Thirupal, Sri Subramanyam, Sri S Janardhan, Smt Lakshmi Janardhan, Sri Balakrishna who travelled from Hyderabad, Bengaluru, Cuddapah, Proddatur&Vempalli opined that in the first instance there is a need of slight change in the current working atmosphere in the college coupled with a dedicated Principal's appointment can really change the fate of the College.

The insights and findings were later shared with Management Team of college assuring the best support can be given to them from abhaya irrespective of whether that institution is being given to abhaya or not as the college is standing different footing when compared to other colleges in the District. - **abhaya TEAM.**

I don't have any positive info to share with abhaya since last couple of months. Yet I didn't receive my call letter from Virtusa. Though I tried hard, I couldn't attend navy interview due to my final exams. Further I completed my college I was unable to contribute to abhaya. If I have any good news I will surely update. I keep on enquiring about joining date to my placement officer he said it may happen in the month of August. Further he had sent me to a college at Cuddalore to give placement training for students and said that he can give Rs.300/- per day for 6 days. Today only I came back to Chennai after completed the said assignment. Once I get money I will surely try to contribute to Abhaya sir.

Thanks for the motivation. I will continue my hard work and try to bring the result as expected - **Govindarajan, Chennai**



## Shilp, 8th Class D/o Ramana

A Watch Man at Ananda Nagar Hyderabad. She just came from her village for 8th Class. Chairman referred the girl for a suitable support. Considering her poor background and ambition to become a Doctor, abhayan Smt Saraswathamma took her to Dayaabd Public School in the colony and sought their support too. Sri Chandraiah the Founder was very kind enough to provide her admission with 50% Discount and the balance being paid by abhaya. Hope she would study well and progress in life





# “HEART”

## Awareness Update



### abhaya Volunteer Meeting:

abhaya's Volunteer meet was held with 15 volunteers Vinod, Shiva, Naveen Reddy, DastagiriSrikanth, Nayan, Natya, Leela, Krishna, Prasad, Founder and me as well. The agenda of the meeting was to share the news of Founder moving to abhaya Home. Some of the volunteers made some suggestions to the founder, which are as follows;

1. Enhance the activities at abhaya Home
2. Segregate the week's time as 4 days for abhaya HOH and 3 days at abhaya, Hyderabad
3. Continuous stay at abhaya HOH for the next three months.
4. Assign some volunteers before hand to stay at Home in order to trace out discrepancies prevailing. Street lights and improper roads are two such issues which were raised by Naveen Reddy. In the mean while they could also make a plan for conducting medical camp at Ibrahimpatnam.
5. Vinod has given suggestion to meet Bhogeshwar Rao for skills development scheme



### CS G Thirupal, Trustee along with Founder addressed the students at Vivekananda Degree College, Vempalli





# “HEART”

## Rural Development Update



### abhaya Aathma Viswaasam Xerox Center@ Ramakkpet

abhaya has been standing beside the 2 brothers since 5 years, who are suffering from Muscular Dystrophy at Ramakkapet Medak Dist. We have set up abhaya Aathma Viswasam General Stores with about Rs.50000 investment. All the 5 members in family are happily leading their life respectfully. abhaya is happy to see their confidence. To further accelerate their economic growth abhaya has inaugurated Xerox Center (Xerox 5735- Rs.70k) with the support of Srinivas Reddy XPL Digital, Secunderabad very heartily came forward to provide Xerox 5735 machine at a discounted price. We are confident of their further progress. Let's pray for their peaceful living.



### abhaya Women Empowerment Program @ Hyderabad



As the space is insufficient to conduct classes in the room available, we are constructing shed on our building and work is in progress and please find the attached pictures, erection of shed will be completed in next 4-5 days time, work is being delayed a bit due to rains. The shed is expected to ready by first week of July. Once the set up is ready we are planning to start batch of Tailoring, fashion designing and mehandi classes as well. We will inform the dates after confirming with the trainer. We request you for your kind presence at the time of inauguration in the 1st week of July 2015. Please oblige. The entire civil work is done by my family members for the benefit of the empowerment programme in the name of our elders and abhaya. We hope to deliver the best possible work with this new facility at Hyderabad. - **K N S Krishnaveni, Coordinator, abhaya RPL**



## abhaya Solar Lighting at Suvidha Aashram

Indoor lighting fixture is done as per the scheduled estimate and outdoor survey is carried out for setting up lamp posts. As per the suggestion of abhaya, Mr.Kasi has visited the ashram during the night to examine the effectiveness of the indoor lights and as anticipated few more lights are required to illuminate the hall completely. Hence Mr.Kashi has planned to re visit the place on Sunday along with the Vendor and me as well. And number of additional lights to be set up will be decided after the visit and any required adjustments in the outdoor lighting set up will also be made.- **K Rangarao, Head - Operations, Sharekhan Hyderabad**



## Abhaya aatma vishwasam Auto at Aadoni

Anand from Aadoni, who is suffering with muscular dystrophy, came up with a proposal to take transport Auto for his livelihood. His plan is to take up Milk transportation with help of his Uncle, who is already in the business for past 15 years. He could earn about 4-5K per month with the auto. The second hand auto costs Rs.1 Lakh and he have Rs. 15000/- with him. Getting another 20K as loan from his uncle, which can be paid after settling with the auto. He was in need of about 65K. He was in constant touch with abhaya and do not have any



other source of income. We appeal well wishers to come forward and help him to settle in life with the auto - **KSV Siva Krishna, Secretary, abhaya**

## Appeal for Support

My name is RamaniBhamidipati, W/o. Ravi Bhamidipati from Kakinada, Andhra Pradesh. I hail from a poor brahmin family. My husband works as PRO in private hospital. His monthly salary is Rs.5000/- My daughter Sravani Srivalli, aged 12 years studied VIII class this year. She is one and only daughter and our bad luck she is type-I diabetic from last 8 years. While web searching "Helping/Scholarship to Brahmins" I found Abhaya Foundation. Thanks a lot that you are doing great job. Now a days it is not so easy to do like this. So many offers for SC,ST and BC candidates but not for OCs. In this competitive world it is not so easy being a Brahmin and having financial problem to lead life and to study children.

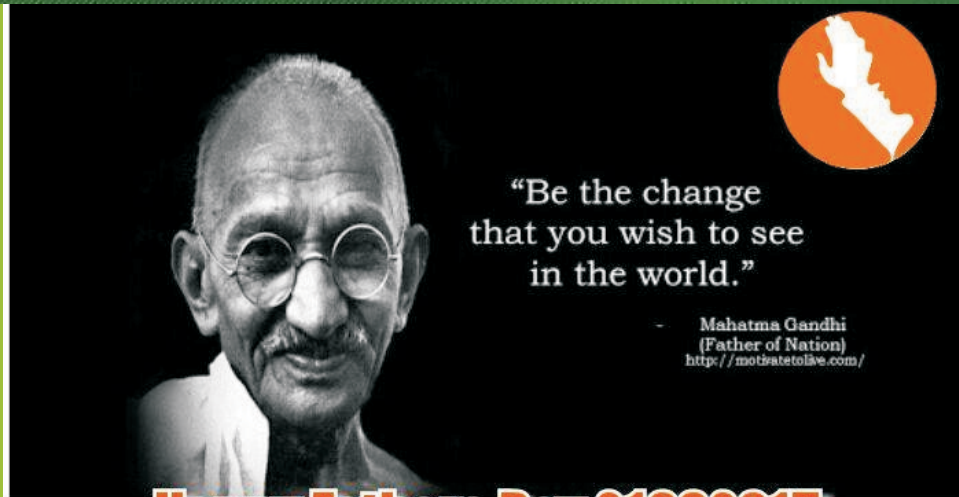
Please inform me if any scholarship available for my daughter. What is the procedure to apply? Please help us. - **B Ramani**

I called up MsRamani and asked about the situation. They are small family and father is working in a small firm and she is working in a school. They are spending about 12000 per annum for her school and she need to take two doses of insulin daily for her health. They need about 1500 for her treatment monthly. They are not in a position to spend that amount and desperately looking for a helping hand. After understanding the situation, I explained her that they need to increase their income to deal with situation. Suggested a few self employment ideas like sewing machine, paper plates etc and asked them to come up with their idea. Let us wait on their decision. - **KSV Siva Krishna, Secretary, abhaya Foundation**





# “HEART” Transformation Update



**Happy Fathers Day 21062015...**  
**who else can be remembered by Indians**  
**[www.abhayafoundation.org](http://www.abhayafoundation.org)**



Founder along with CS G Thirupal, Trustee and other abhayans visited Sri Gandhi Anjaneya Swamy near Vempalli & performed Bhajan & Prayers for the benefit of people who are in distress



**Chairman, Sri Meda Narasimhulu, released Narasimha Sathakam on Punya Thithi of his late wife Smt Meda Sakunthalamma in the presence of many well wishers including the Founder CS Balachandra Sunku.**



# abhaya SoulDears



**New Born Baby of  
Murthy Keerthi, B'lore**



**I Lakshmi Narasimha Rao,  
CSC - CR Head, Hyderabad**



**Naveen Kandhuri, Hyderabad**



[www.abhayafoundation.org](http://www.abhayafoundation.org)



**CS VS Ambika, B'lore**



**Sandeepya &  
Dhanumjaya,  
Vijayawada**

I am Lakshmi Bharathi, sister of CS.Sireesha, Chennai. I am sending a donation of rs.1000 on 15th of every month to abhaya. Please acknowledge with the receipt. I hope that this fund would reach the real needy through abhaya. Please direct my funds to educare or health care. My heartfelt thanks to abhaya and team for its overwhelming efforts in serving the needy.





# it is always inspiring!



Since last one month, I learned so many things with my association with abhaya and its Founder CS Balachandra Sunku. Values like, how to use time effectively, how fast should we respond while supporting those in need, how instantly we should reply/respond, how to say thank you for the support received etc., are just few examples of my learning. I strongly believe that my mentor CS Balachandra Sunku will definitely guide/Teach me to become Complete Personality while making myself as Personality Development Trainer. Lost but not least "I am like a road side stone, am sure, I will become an idol in association with abhaya Foundation. - **D Ramesh, Manager - abhaya Human Excellence**



Sai Kishore, PFA, Bangalore has received May month's news letter from abhaya. One can subscribe for abhaya's news letter through the website. Good to hear that he is in search of a trusted NGO to whom he would like to contribute on regular basis. He is provided with the details of abhaya team and Founder with whom he can feel free to interact. He is further connected to Trust members of abhaya based in Bangalore.

Dear Sai Kishore, PFA. May month News letter sent from Abhaya Foundation. Even you can subscribe for the same through the web site. Go through the web sites. Good to hear that you would like to contribute on regular basis and you are in search of a trusted NGO. I am marking here the abhaya team, You can feel free to have an interaction with them or with me for any specifics. Even some Trustee members are based in Bengaluru. I connect you to them.



@ Dear abhaya Team - Sai would like to become a donor and approached me while exploring for a trusted NGO. So this is an introduction email for connecting him to Abhaya. He works in Cap Gemini based in Bangalore. He is married and blessed with a girl child. - **M Rajasekhar, TCS, Bengaluru**

I have gone through the news letter and was very much impressed by its content. God bless you. On behalf of Trustees and inmates of Mathru Foundation wish you and your team a great journey ahead in helping and transforming the lives of many people like us. - **With warm regards, Dr. Malathi K Holla, Founder and Chair Person, Mathru Foundation, Karnataka**



Thank you for the receipt and no need of explanations or apologies for not sending the receipt on time as I can understand the pressures you might be in as you need to do justice for both your professional life and to abhaya as well. - **CS CMA Ravindra Padakanti, Principal: Finance & Company Secretary, App**

**Labs Technologies Pvt. Ltd., Hyderabad.**



## Lets Pray for HER

1. When she asked for Strength to love the most unloved: We ask Mother to pray for each of us ... so that we may love the poorest of the poor — in our families and in our neighborhood,”
2. When she assured us that God is around in the darkest times: This is part of the spiritual life of people, and God sometimes wants to unite the soul very closely to himself. He will allow them to feel abandoned by him. And Jesus also on the cross felt he was abandoned.”

Mother Teresa’s successor, Sister Nirmala was an inspiring and wise soul, who continued Mother Teresa’s good work ever so diligently until she breathed her last. Although she left us from physical frame let us feel her presence by propagating the values she infused in our lives so that we all can be dearer to the Lord:

3. When she made us look for the burning spirituality within all of us: “There’s a fire everywhere, the interest in the Mother, wanting to know her message, wanting to know more about her.”
4. When she consoled those grieving over their passing loved ones: “Today, Mother is with God. Now in his presence, she has more power with God. She is no more on earthly level. She has passed to eternal life. There she is very, very powerful.”
5. When she asked us to trust that God will help us all: “If you look at it from my point of view, I am afraid. But looking at God, and depending on prayer, I think I will be able to continue God’s work.”



## for abhaya Donors

abhaya SB Account at **Andhra Bank** is designated account for **Foreign Contributions**.

All **Indian Donations** must be through **Axis Bank/State Bank of India/Yes Bank**

**Do not deposit / transfer any Indian Donations in / to Andhra Bank.**

Quote Name, Nationality, Phone, Address, E-Mail & PAN while sending contributions



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