



### abhaya FOUNDATION

an assurance for no fear...

### **About abhaya News Update:**

The effort behind making every news update of abhaya month after month, extra ordinary since a decade now. There is a TEAM silently work on pooling the data, updates, reports, photos, feedbacks, quotes, donations etc., for a 30 days period every time. Then the Volunteers sit for designing the news update during night times post their office hours. This would go on for at least 5 days... 30 man hours! Then alone a spectacular news update is published. Thereafter, a team of volunteers will start posting the news update to 20,000 abhaya donors, well wishers, supporters, corporates, NGOs and others across the globe in the first week of every month, further it would posted in FB, Whats App, abhaya web links, Blog and Twitter, reaching another 20,000 people. All these things happening without a break since 2006.

Request each reader of this news update be aware of such an effort behind bringing such piece of heart "the abhaya news update" so that there would be love, care, consideration in understanding what is happening at abhaya with their kind support. That would surely pave the way for making a heavenly difference to their association with abhaya.

We will be happy to have your kind feedback for the news update. Further will be grateful if you can share this news letter with your near and dear and seek their support too!!

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#### **About Me**

I am Raji Tammineni (32 years) D/o Smt. T Suseela & Late T Nagaraju from Kurnool. I married to Ch. Venkat Krishna and we are blessed with one kid Yashas (4). I did Masters in

Business Administration (2006) from Osmania University, Hyderabad. I worked for Wells Fargo India Solutions, Hyderabad for about 5 years. Now passionately working towards my life time goal.



### My Passion

I am an adventure freak with a lot of love and passion for climbing. I embarked my life mission as "Mission 7 Summits" and had strong ambition to plant Indian flag on all the highest peaks of seven continents. I wish to scale Mt. Everest (29,029ft) in April 2017. I will proudly carry Indian flag on my shoulders to the top tagged with the theme of "Spreading the cause of Swachh Bharath".



### My Plan & Trails

My long term plan is to summit all the highest peaks of seven continents. Accordingly as a first step me along with my younger brother scaled Mt. Kilimanjaro (19,341ft) African continent



highest peak. My present plan is to summit Mt. Everest world's highest peak in April 2017. I will be the 1st women from newly formed Andhra Pradesh to accomplish this feat. Currently I am meeting many kind hearted people and corporate houses in the country seeking their support for my mission.

### My appeal

It's my humble request to all those who wish to stand by Indian female for scaling Mt. Everest to kindly

support to fulfill dream and to make the nation feel proud of a female for scaling Mt. Everest.



Bank details for donations abhaya FOUNDATION Alc No: 910010042902046 RTGS/IFSC Code: UTIB0000008 Bank: AXIS Bank Ltd Branch: Begumpet, Hyderabad



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Bharat stood first in the 20 and team was successful in expedite BCRoy Peak. Now, he will surely make it in the final selection.

While, this is happening one hand Raji was desperate to find support from people. The mountaineering coach, Sri SekharBabu assured that, he will surely give her best possible discount and asked her to be ready with at least Rs.15-20 lakhs.

Considering the passion of the siblings...we at abhaya started spreading the cause in known circles for the past 1 month. At least 10 abhayans at very high level were contacted and every one said, they will certainly come back with leads. In worst situation, abhaya Trsutee and their mentor T SrinivasaRao promised to take a loan of Rs.3 lakhs. Raji wish to raise Rs.1lakh loan. abhaya also decided to put in its best effort with prayers.



On 1st Jan 2017, Raji visited the Founder at Hyderabad...seeing her desperate situation, the Founder started calling all the 10 abhayans who promised to come back...it was at 4PM, he called CS B Muralidhara Rao, Company Secretary, My Home Group and he instantly invited the Founder

to join in the My Home Group Annual Family Event at N Convention at 630PM.

Though it was very unusual for the founder to go for such an event...he hesitantly decided to proceed to the event with prayers in his heart with single thought of taking little time from the Chairman, Dr J Rameswara Rao at the event. He was further joined by CA BV Prasad & Sri T SrinivasaRao, Trustees in a very surprising way.

There were thousands of My Home Staff and families...gathered at N Convention. abhaya team was nervous and sat at the very corner of the hall near entrance...CS B Muralidhara Rao and other known people wished them and comforted.









When the Founder & Chairman of My Home Group Dr. Jupally Rameswara Rao entered the hall...while proceeding to the stage, spotted the Founder and very warmly wished him. Founder while wishing him, given abhaya silver coin with hearty prayers.



Dr. Rao, was very lovingly asked the founder to sit along with him and introduced to all the Sr Officers & Board Directors of My Home Group. He was further called on to the stage to give the new year message which was a surprise.

However, gaining confidence and keeping the God in the heart, Founder

spoke briefly creating most positive vibrations in the Auditorium. It was praised by each one. Later, while interacting with Dr. Rao, he was given a brief about Raji, Mountaineer and her Mission Everest asking the support of My Home Group. Dr Rao instantaneously called his Son Ramu and commanded him to do the needful...he said, whatever is needed will be done, just not for now...but any time hereafter. Further added,

abhaya and its team doing wonderful work and the support of My Home Group always be there.

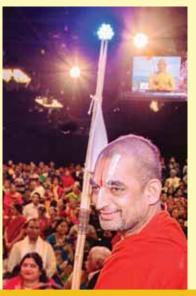
Raji, submitted a request letter to My Home seeking Corporate Sponsorship for her Mission. We are hopeful of getting their support as promised to bring name and fame for the country. - abhaya Team

Jai Srimannarayana Balachandraji! A very happy new year of Equality and service to acharya Ramanuia Swamy, 2017. We felt happy to hear the grace of God on the mountaineering team and the support from My Home Group. Of course, My Home group always stands for such great causes. You thought of it and it happened. The great service you are doing is awesome. Let it go and let this sect increase. Our mangalasasanams are always there.

At last Ramanuja decided to appear in our Bharath & Raji. We too saw those pictures and felt thrilled. We saw your news letter and it is awesome. All that is happening because of your inspiration to all those volunteers. God bless you with all support. - // Chinna Jeevar//



















### **Mission Everest - January Update from Raji**

We, approached abhaya along with my brother Bharath Thammineni seeking help and support for our Everest expedition 2017 as the cost of expedition is very huge. abhaya previously supported Bharath for Mt. Everest expedition and both for Mt. Kilimanjaro in the year 2015. We all sat together and sorted out all the possible ways of approach for sponsorship.

Govt of AP funding 5 youth this year for Mt. Everest expedition. Bharath applied for it and is in the final stage of selection process. Bharath is very confident that he will stand in the final group. I could not attend the selection process due to age limit. I met Komala Kishore IRS for the support. She asked me to approach Corporate /Media houses for the sponsorship and also write letters to various officials. As suggested by abhaya Foundation and well wishers, we wrote letters to PM, CM, Sports Minister, Minister of Youth Affairs, Special CS Youth Services, Commissioner Youth Services to lend support to my expedition.

With the help of abhaya, I approached TV5 for sponsorship and TV5 agreed to give media coverage of my expedition. TV5 gave coverage of my mission on their channel on 29th January. With the help of abhaya approached Sakshi Daily and they gave complete coverage of my mountaineering journey in the Hyderabad City editon on 22nd January.

Funds Pooled so far:  $\cdot$  Abhaya approached MY Home group for corporate sponsorship. They happily agreed to lend support by offering 5 lakhs  $\cdot$  Abhaya pooled 4 lakhs from the trustees. Shekar Babu (Transcend Adventures) who

organizes Mt. Everest expeditions every year agreed to give discount. 1 Lakh from my own resources. Received funds from my friends Shiva Krishna Reddy-10K, Hari Nandhan-5K and Rekha-2K

Trials and Plans: I Requested all my friends on face book to support my mission with their kind contribution. Personally messaged to all my friends to support my mission. Forwarded details of my expedition to my school (Cuttamanchi Ramalinga Reddy) at Kurnool and meeting them next week. Trying to get an appointment with honorable Home Minister of Andhra Pradesh. Need more 15 lakhs to accomplish our dream. Support us and be part of our journey.- Raji

Tammineni, Mountaineer, Hyderabad





### **Mission Everest - January Update from Bharat**

29th January, 12:00 am! -35 degrees, heavy winds, sitting lonely in the tent with heavy snow fall out side, thinking about the record which I am going to chase with my friend Prem in the next 2 hours! Body was tired heavily with full pack trekking for 48 hours... just had soup 2 hours back, little fever... many things revolving inside...slowly went to sleep... the winds are blowing heavily out side... got up after 2 hrs at 2:00 am, the weather was still furious out side, make myself ready inside the tent for the final summit push to "STOK KANGRI"



Waiting for the confirmation call from my lead climber Col Jamwal Ranveer Singh from the other tent, after 15 minutes he gave a message that we are doing the summit push at 6:00 am due to bad weather... slowly went inside the sleeping bag, make myself comfortable and slept off waiting for the second call... suddenly woke up after sometime and the time was 6:10 am, immediately got all my things into control and waited for the decision from Col Jamwal as I know the climate was not changed and it became even worst now... at 7:00 am he took a decision that we are moving down immediately and we are not summiting as the weather is not at all supportive and it is turning more and more worst... after having a cup of tea we moved down and reached the base camp... we just missed the world record below 800 meters... If it was happened I would have been the first civilian in the world to summit STOK KANGRI in winter expedition... we struggled a lot to reach that height in heavy winters but at the same time we should respect the climate... if it's not now... some other time... mountains stay there only...

This journey to Ladakh started on 22nd January with my team for the final selections to Mt. Everest... we reached Ladakh on 24th Jan, while landing itself pilot announced the climate was -10 degree outside... we were taken to hotel that day and the next day we were given all the equipment gear for the expedition... the very next day we went to a certain height near south Pullu for acclimatisation... next day we started our journey to STOK Kangri from STOK village... the trek was a very good experience in this dangerous winters in Indian Himalayas before Everest expedition in April 2017.









# CSR Activities @ Telangana HYUNDAI - abhaya CSR Update



As passage abhaya

Dream Village

HYUNDAI

MOTOR GROUP

GODHUMAGUDA

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As part of Hyundai CSR Initiatives, Godhumguda Village taken up for a long term work to transform the same in to a Model Village in the District of Vikarabad. Accordingly the project is kick started during the month of December 2016. During the month of January 2017, the Hyundai - abhaya Team with the support of newly formed Hyundai - abhaya Dream Village Development Committee, taken up various works.

**Swatch Village:** The Construction of 45 Toilets in the village for those poor villagers who could not afford their personal toilets with the Govt grant is now completed. With this, the Village would become 100% Swatch Village and also would be eligible under Nirmal Grameena Yojana. Further, as part of Swatch Paatha Saala, the effort is on to construct toilets for the school.

**Healthy Village:** As follow up for the Mega Diagnostic Camp held in the month of December 2016, the team organized Doctors visit to the Village. Ramsastry & Sirisha from Hyundai Team organized the follow up medical camp. The Doctors based on the medical reports provided by Center for Eye Sight, Omega, Vasan Dental Care and others seen all the senior citizens. We have identified about 50 elderly people in the village who are in need of immediate eye surgeries. The prescriptions for others also collected for the benefit of rest of the villagers. The team identified couple of critical cases in the village who are in need of further support.















Empowered Village: Hyundai abhaya **started Driving School** for Boys, who are otherwise not doing work or underemployed. The Driving Classes started on 15th December 2016 are now completed with 45 days course. Praveen Reddy & Gopal Gowd voluntarily came forward to train the youth for Driving and Mahipal, village youth coordinating the effort with the support of Thukaram. The Driving students as part of their curriculum visited Hyundai Campus at Hitec City, Hyderabad. They were given lots of inputs on Driving, Life Skills by Hyundai Team. Hyundai Motor Group as per plan handed over I10 Car for Hyundai abhaya Driving School to Sri Thukaram, Village Development Committee at their Campus. Around 20 youth are waiting to get their Driving Licenses from the Office of RTA, Vikarabad. Sri Durga Dass, RTO very kindly supporting the cause.













**Tailoring School for Women:** The Tailoring Classes are running successfully for the past 45 days. The 1st Batch will be concluded in next 15 days. Around 25 Women very actively learning Tailoring techniques. Mounika, the Village girl who knows tailoring acting as a Teacher and Sunitha, Village Youth coordinating the effort with the support of Sivakumar. Village elder Ramdas regularly going to the classes and trying to infuse values in to their life. The Village youth who are painters came forward voluntarily and painted the Tailoring School premises.















**Agricare:** Smt Shobharani, the member of Village Develoment Committee took time to visit the village multiple times and overseen the activities happening in the village. Further, she took an expert committee to the village to study the situation which lead to no water resource in the village. She reported that:

"With an idea of improving water resources for agricultural purpose to Godhumguda, I requested Sri G. Subramanyam, Engineer-in- Chief (Retd), Sri P. Satyanarayana, Chief Engineer (Retd) both pioneers from the Department of Public Health & Municipal Engineering Dept., to visit the village and advise accordingly. The village, agricultural fields & its surrounding forest boundary where ever required was inspected along with soil

properties. We tried to analyze the possible causes for failures of check dams. There was detailed discussion with villagers. It was decided to approach District Rural Development Officer Sri Johnson for further information. Since it is at initial stage we cannot commit how exactly we need to proceed. We may have to even take up contour mapping, collect some data from govt. If needed, may have to let out work for some basic survey & information. Hyundai officials Sri Rama Sastry & Sri Venu Gopal were present at the meeting we had with the villagers after the said field trip."





Sankratnthi Celebrations @ Village: abhaya organized Rangoli Competitions in all the centers in Telangana. The thought of celebrating Sankrathi in that way when shared with many abhayans, VYSPRO - India members lead by CA S Sambasivarao & G Madhumohan expressed their interest to celebrate it in the village coinciding the special days in their families along with other members of their club. Accordingly, Rangoli Competition, Volleyball match, Kite festival organized. It was altogether a different atmosphere prevailed in the village. There was so much



excitement all over the village. May be for the first time, the villagers in all groups enthusiastically participated in the events.









The members from Hyundai - abhaya - VYSPRO took time to spend their time with the villagers with equal enthusiasm. Smt Lakshmi Rao, CA Rajeswararao & Madhumohan celebrated their birthdays in the village with a difference and declared Rs.15,116/- donation for the village development. Villagers were so happy about the events and expressed their gratitude.













There is so much to do in the village making it as a Model Village in Telangana... What we need is committed volunteer force to work for such transformation on long term basis. Interested people who wish to work on Rural Development Projects are most welcome to join the hands with Hyundai - abhaya Te a m by sending their details to sevak@abhayafoundation.org - abhaya Team



### సಂದಡಿಗಾ ಮುಗ್ಗುಲ ವಾಟಿಲು

- హ్యూందాయ్ కంపెనీల నిర్వహణ
- ඛික්ඡවන පමණව బహుమతుల ప్రదానం

ఆభయ ఫాండేషన్, హ్యూందాయ్ కంపెనీల ఆధ్వర్యంలో మండల పరిధిలోని గోదంగూడ గ్రామంలో శనివారం పలు పోటీలు ఉత్సాహంగా నిర్వహించారు. ముగ్గులు, పతంగులు, వాలీజాల్ పోటీలు కౌనసాగాయి. వైస్మేహా ఇండియా ఆర్గనైజేషన్ పతినిధులు కూడా గ్రామాన్ని సందర్శిం చారు. పంటలు, మహిళ సంఘాల పనితీరు, బ్యాంకుల్లో తీసుకున్న రుణాలు, చెల్లిస్తున్న వాయిదాలు తదితర వివరాలు తెలుసుకు న్నారు గ్రామాభివృద్ధి కోసం వైస్మేపో ఇండియా ప్రతినిధులు రూ.15,116 విరాళం ఆందజేశారు. ముగ్గల పోటీల్లో ప్రథమ, ద్వితీయ, తృతీయ స్థానాల్లో మానిక, సరిత, స్వరూపరాణి నిలిచారు. వాలీబాల్లలో సత్య, ధర్మా జట్లు ప్రథమ, ద్వితీయ స్థానా





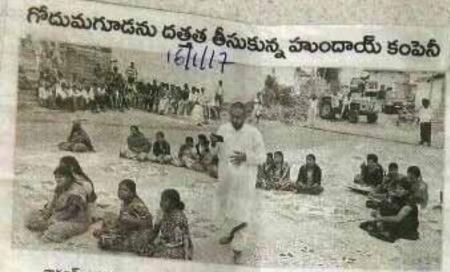
లను కైవసం చేసుకున్నాయి. పోటీల్లో గెలు పొందిన వారికి సర్పంపే వరాత్య స్వరూప, అభయ పౌండేషన్ వ్యవస్థావకుడు బాలచం దర్, హ్యూందాయ్ కంపెనీ అసిస్టెంట్ మేనే జర్ రామా స్ట్రి, వైస్ట్రేహ్ ఇండియా ఆర్గనేజేష న్ అధ్యక్షుడు సాంబశివరావు, ఉపాధ్యక్షుడ పోటీల్లో యువత ఉక్సాహంగా పాల్గొంది కార్యక్రమంలో ఉప సర్పంచ్ ప్రవీణ్రెడ్డి, నాయకులు తుకారాం, శివకుమార్, పెద్దింటి నర్బింహులు, యాదయ్య, మహిపాల్రెరెడ్డి



వాలీబాల్ పైనల్లో తలపడుతున్న సత్య, ధర్మ జట్లు



ముగ్గులు పలిశీవిస్తున్న లభయి ఫౌందేషన్ వ్యవస్థాపకులు రామశాస్త్రి



ధారూక్, జనవరి 15 (కెఎన్ఎన్) : హిందాయ్ కంపెనీ ఆధ్వర్యంలో సంభాంతి పండుగ సందర్భంగా అభయ ఫాండేషన్ నేతృత్వంలో జ్రీడా కారులకు జ్రీడా పోటీలను నిర్వహించారు. హుంచాయ కంపెనీ గోదుమ గూడ్ గ్రామాన్ని దర్త తీసుకుని యువకుల్లో క్రీదా అసక్తిని పెంపాందించడంతో పాటు యువతీ యువకులకు స్వయం ఉపాధి శిక్షణ ఇస్తున్నారు. మహిళలకు కుట్టు మిషన్. బైలరింగ్ లలో శిక్షణ ఇస్తుండగా యువకుల్లో డైవింగ్ తదితర అంశాల్లో శిక్షణ ఇస్తున్నారు. ఈ సందర్భంగా ఉచిత వైద్య శివిరం ఎర్పాటు వేశారు. హుందాయి కంపెనీ అనిస్తెంట్ జనరల్ మేనేజర్ ఆధ్వర్యంలో విజేతలకు బహుమతులు అందకేశారు. ఈ కార్భక్రమంలో నర్పంప్ న్వరూప తుకారం, ఉపనర్పంప్ స్టర్లీన్ రెడ్డి, నర్సిములు, శివకుమార్, తదితరులు పాల్గొన్నారు. గ్రామాభివృద్ధి కోసం కంపెనీ రూ. 15,116 లను అందతేశారు.





## CSR Activities @ Telangana CCL - abhaya CSR Update



**FOUNDATION** 



## CCL Products approved a budget of Rs. 10lakhs for abhaya CCL Jute Unit for empowering the rural women

With reference of CS PS Rao, Trustee, we wish to update you that with his kind-hearted guidance, CCL Products India Ltd., approved a budget of Rs.10lakhs for abhaya CCL Women Empowerment initiatives. This is a wonderful start for the year 2017... The fund would be used for setting up a Jute Unit for creating livelihood for scores of rural women for next 4 years. We appreciate our abhayan CS D Sridevi, CCL, Hyderabad for her consistent and continuous effort behind, playing a vital role getting the sanction of CSR budget. Such abhayans even one at a Company exists...abhaya journey will be eternal. Prayers for the well-being of each one at CCL. We wish to place on record our heartfelt gratitude to the Chairman, Sri Challa Rajendra Prasad & Smt Shantha and other Board Members for their generous support.

### abhaya CCL Women Empowerment Activities:





Rangapur: abhaya started a new tailoring center at Rangapur village, Manchala Mandal on 2nd December with 32 members. They have learned 13 varieties of stitching out of 16 and this batch will be completed by 2nd February. All the members of this batch are interested in taking sewing machine. They have pooled 75% of the cost and CCL - abhaya will bear the 25% and provide them Vidya Sewing Machine. During Sankranthi festival, Rangoli competition was conducted at this village and first, second and third prizes were given for the winners. The graduation ceremony being planned on 13th February 2017 at abhaya Home of Happiness where, all the candidates who are successfully completed their course will be given certificates.



**Ibrahimpatnam:** New batch was started at Ibrahimpatnam on 20th December and 36 members are attending daily. They are in the middle of the course and learning about 8 stitchings out of 16 varieties. Every day the class starts with Vandemataram and Janaganamana. They learn good values apart from their regural training. We are trying to provide extra classes on Jute Machine enabling them to join the CCL - abhaya Jute Unit in the future. Rangoli competition was conducted for Ibrahimpatnam village











CCL - abhaya Jute Unit: With the support of CCL Products India Ltd., Hyderabad, the Jute unit is slowly picking up with activities. The rural women who successfully completed their course previously in Tailoring Centers were identified and short listed. They are being given training on Jute Machines with the support of Sridevi at City. There are 10 members who joined the unit from various villages now. The Jute unit is coordinated by Vijay Bhaskar, Sridevi & Manga at abhaya premises at Ibrahimpatnam. Necessary machinery has been set up with the funding support of CCL and now, they are getting orders for bags.

The first order of Lunch Bags received from CS G Raghubabu, Trustee is added life for the activity. The first production was successful and the 100 bags are handed over to him with gratitude. Further, abhaya Trustee from Bengaluru CA S Radhakrishna placed an order for 120 bags and the same is in progress now. We are sure such gestures will give them livelihood,









On the other hand, we are speaking with School Head masters for getting uniform stitching orders. We could convince two schools now and need to stitch about 500 uniforms. The first order of 100 dresses were handed over to one School - HM for 26th January celebrations.

5 girls from poor economic background were shortlisted and they are attending to Computer classes to learn MS Office. The campaign is on in various other villages for propagating the cause of Youth Empowerment, motivating the youth to register for Free Driving, Computers, Tailoring & Jute Unit for their benefit. - **Ch Manga, Coordinator, CCL - abhaya Empowerment Initiatives, Ibrahimpatnam** 

### abhaya Youth empowerment!

Today, if we take a count of youth getting trained across all abhaya Empowerment Centers...it is very satisfying to know that in total, we engaged about 200 women in Tailoring, Fashion Designing and Computers, 50 men in Driving in Telangana...apart from this, we engaged 40 women in AP, 30 women in Karnataka in Tailoring at other NGOs guided by abhaya Foundation. That means around 300 people are getting trained in 2 months. what power is this!!! the reason is you who stood by abhaya...saluting abhayans across the globe.



# CSR Activities @ Telangana Vijaya - abhaya CSR Update



MLA Qutubullapur Sri Vinod & Local Corporator dedicated the development work at Govt. Primary School, Jagadgirigutta



The development work at Govt Primary School, Jagadgirigutta, taken up with the help of Vijaya Diagnostics, Hyderabad completed during last year. The same was now dedicated to the nation by the MLA of Qutballapur, Sri KP Vivekanand during the month of January 2017. The school team

coordinated the effort and abhaya coordinators Jagadeesh and Sridhar were present in the event. We take this opportunity to thank the Sri Sunieel Reddy and other board members of Vijaya Diagnostics, Hyderabad for their generous support in developing the school. - abhaya Team







# CSR Activities @ Telangana HIL - abhaya CSR Update



**FOUNDATION** 









### Review of civil work & class X students progress at RTGHS, Sanathnagar, Hyd.

The updates of GHS(RT), Sanathnagar for the month of January as follows

- 1) Founder of ABHAYA FOUNDATION visited the school and motivated SSC students with wonderful example "BANGARAM", explained the value and importance of character in the society. He asked the children about their targets in SSC 2017 and announced the continuation of help for further higher studies for best performers
- 2) We conducted the Quiz competition for 6th- 9th students in all subjects taking 10 questions in each
- 3)Formative assessment test conducted for all classes and recorded the performance
- 4)JANYA FOUNDATION conducted educational fair at Kukatpally ZP HighSchool, our school students got 5 prizes mandal level for their best exhibits
- 5)Onthe eve of VOTERS' DayGovernment conducted Drawing competition and essay writing competition in school level and mandal level our school students got first three prizes in drawing competition
- 6) General health check-up camp convened by Government official doctors Balanagar team for all the students and supplied the data sheet
- 7) TATA Buildings company conducted essay writing competition on the topic "GLOBAL WARMING- CLIMATE CHANGES"
- 8)GHMC personals came and explained the importance of vote in democracy in the form of pledge
- 9) We celebrated 68th REPUBLIC DAY grandly in the presence of all our well-wishers. We distributed medals and momentous to the winners of EDUCATION FAIR, NATIONAL MATHEMATICS DAY. Ayyanna, Teacher, RT GHS, Sanathnagar.











## CSR Activities @ TS/AP GVPR - GSPV Trust CSR Update





**Health Camp:** A Mega medical camp was arranged at Kogatam Village in the Kadapa Dist of AP by GSPV Trust coinciding Sankranthi Festival. It was conducted on 15th and 16th of January 2017 and eminent doctors Dr. SV Lakshmi Devi, Dr. Kavitha, Dr. G Divya, Dr. Neeraja, Dr. Ramamuni Reddy, Dr. Naga Dasthagiri and Dr. Ravi from Hyderabad, Kadapa & Proddaturu are part of the team who had seen about 400 patients at GSPV Trust Community Center in the village. People from nearby villages also participated in the camp and benefited by this. The Eye check-up was done with latest equipment and it is to par with the Corporate Hospital check-up. 30 patients were identified for spectacles and 50 members were identified for surgeries. Apart from, periodical medical camp, the GSPV Community Health Center is serving about 300 villagers per month with primary healthcare initiative. The poor villagers are being given free medicine at the center. Many poor people from nearby villagers visit the health center expressing their gratitude to GSPV Trust.





















Youth Empowerment: Under women empowerment, 2 tailoring batches started with 40 members at the GSPV Community Center at Kogatam during December 2016. The beneficiaries are very enthusiastically learning the techniques. The value orientation, prayer, life skills being imparted to these young ladies as part of their curriculum. One batch tailoring is exclusively arranged for Muslim Girls in the village with a



Muslim Master Trainer so as to make the teaching in Urdu for their benefit and such is the attitude of GSPV Trust team when it comes to serving the needy. The Trust is planning to provide Usha Sewing Machines to those women who successfully complete their training.

**Up keeping Places of Worship:** GSPV Trust apart from developing the village in different aspects, believing that values can be imbibed only when people of the village connect to the places of worship, started making the temples attractive to the people. In that direction, the oldest temple in Kogatam Sri Koteswara Swami temple is being renovated and dedicated to the common good. The trust members offered prayers and rituals at the temple.













**Relief to the poor:** GSPV trust as part of their Annual Kind Gesture distributed 1000 dress material to the village gents knowing the fact that, no one in the poor / middle class can afford new dress material. The villagers felt amazed by such kind gesture.



Clean Village: The common social evil in the villages today is open defection, the Team GSPV Trust considering the call of Prime Minister Sri Narendra Modi, wished to support Swatch Bharat Abhiyan and constructed Community Toilets at the Village giving the poor village ladies to make use of the facility leading to clean village environment. The toilets were dedicated to the village. GSPV Trust is marching ahead to transform Kogatam into a Model Village with all the development activities year after year with the support of GVPR Engineers CSR Funds and public donations. - Uma, Coordinator, Kogatam







### abhaya www.zw.2016

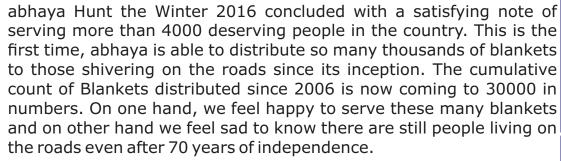














Arunachalpradesh, Andhrapradesh, Haryana, Karnataka, Rajasthan, Madhyapradesh, Maharashtra, Tamilnadu & Telangana states are covered under the project this time.

Dear abhayans! let us keep our hands on serving the most needy people taking abhaya Foundation as plat form. We wish to place our sincere gratitude to each one of the donors/ volunteers/ coordinators who made the Hunt the Winter 2016 a BIG Success. We pray for each one of them and also thank those GODs who allowed us and blessed us with an opportunity of serving them.

















Baby Teena, a 6 years old girl who is a beneficiary of abhaya Healthcare since a long time has done exemplary job along with the help of her parents. She has taken part in the Hunt the Winter program of abhaya at her hometown of Ahmedabad, Gujarat. She has reminded us all that age is just a number and good work can be done at any age.





### **Hunt the Winter at Bangalore:**

On 9 Jan 2017 in Bangalore the mercury dropped to 14 degree centigrade, and the entire city donned their sweaters, with a hot cup of coffee and tea, and there were quite a few under-privileged who could not afford even a decent bed/linen and without a roof or proper cloth on their bodies. In the midnight of Monday, 9th Jan, twenty-five spirited and enthusiastic Students of our Sri Prasanna Veeranjaneya Yoga Kendra, Mahalaxmipuram, Bangalore



distributed 54 Blankets to less-fortunate citizens around Yeshwanthpur Railway Station and AMPC Yard, Yeshwanthpur Industrial Suburb of Bangalore. We distributed these 54 very good quality woollen blankets graciously donated by Ahbaya Foundation (a Trust started in the year 2006 at Hyderabad). Our students of all ages from 8 to 65 years, boys, girls and adults participated with zeal and fervour in this social service.

It was indeed eye-opener, particularly to our young volunteers to see the struggle and plight of poor citizens sleeping in uncovered area that too within the vicinity of posh areas of Bangalore such as Sadashivanagar, Mahalaxmipuram, RMV Extension, RT Nagar. While some people were found sleeping on the streets without adequate cover, our students silently cover the needy persons with blankets and in case there were people around, the person was awakened to let him/her know about it so that no one else can steal the blanket. While we distributed 54 Blankets on 9th January, 2017 among the under-privileged homeless friends, we chose an orphanage at Basaveshwaranagar to distribute 20 Woollen Blankets today, 21st January, 2017.

On the 68th Republic Day, 26 Jan 2017, we distributed 26 Blankets in the hutment of construction workers at Kurubarahalli, near



Tavarekere on Magadi Road (about 25 Km away from Bangalore). With our 3rd distribution of Blankets during this month, we completed handing over 100 blankets all of which you magnanimously donated. We express our sincere thanks for giving us the opportunity to serve the community, though our part was restricted to physical distribution of good quality Blankets. Our grateful thanks to CS Thirupal who helped in getting the Blankets from you for distribution.





### abhaya Home of Happiness Latest Update





### **New Year celebrated at Home**

All the inmates at abhaya Home of Happiness, bid farewell to 2016 and welcomed New Year 2017 on 31st December. We missed founder in these celebrations, but like every year, we cut a cake and spent the first day of the year happily with all elder and differently abled inmates. Administrator Vijay Bhaskar took the charge of the event and he made Ravi to cut the cake. All the 17th batch driving students are also present in the celebrations.



#### **Inmates:**

Aged inmates are unable to cope with the severe cold, so founder arranged for additional blankets, monkey caps for them. He also arranged to fix all the window curtains. Swapna is now playing with all the inmates without any problem. She also stopped crying in mid nights. Everyone will have only one mother, but she is lucky to have many mothers at Home.

As Dr. Sulapani is in preparation for his Sabari mala pilgrimage, he could not visit Home this month. So, we sent all the inmates to Rajya Lakshmi Hospital. Dr. Sulapani and Dr. Himabindu attended all the inmates. Dr. Bindu examined Nagalakshmi, wife of Veeraiah and told that the Haemoglobin percentage is too low for her. She alarmed that Nagalakshmi will need B negative blood for the delivery, which can be expected in 6 weeks. Padmavathi is facing difficulty in breathing. Doctor prescribed medicine for now, and asked to consult ENT

specialist if the problem persists. Balaraju, who undergone surgery for his leg is suffering with pain in the nights. He was also given medicines. Vishwanath complained that he is feeling chest pain occasionally. After examination, doctor told that he is alright and it is because he is under pressure.

Rama Krishna, reads daily newspaper and discuss the details with other inmates. He never misses his prayer. Balaraju sings devotional songs. Kameswara Rao BP levels are fluctuating; he is shouting on all the inmates while his BP levels are high. He tried to escape once, but was caught by the staff. We are taking good care of him and giving insulin, medicine and timely meals. Sri Srikanth Natarajan visited abhaya Home one day and told that Kameswara Rao is lucky to be in this campus, as at no other place he can get such hospitality.







### **Staff**

Vishwanath is taking care of driving classes. He took the trainer charge from 17th batch of Driving. All the students got LLR. All the students are participating in abhaya activities apart from learning driving. Sowmya taking care of computer works, cleanliness and gardening. Nagalakshmi and Veeraiah are trying to cultivate vegetables in the campus.



#### **Visitors**

Sri T Srinivasa Rao, Asst. General Manager, Central Bank of India accompanied Sri Rajendar Reddy and visited entire abhaya Home of Happiness campus. He was amazed and told that any visitor will be surprised to see the



activities that are going at abhaya Home. He further felt that this campus is not like an old age home, but like a temple with well-maintained cleanliness. He wished all the members of abhaya foundation to have a great success in all their activities.

Balanna, father of Sri Venkatesh (NAC EHW Instructor) was working in Dubai. They visited abhaya Home and distributed fruits to inmates. He told that, they came direct to home of happiness, without going to their home. Venkatesh's marriage got settled and his fiancée also visited along with them. They all felt happy to see the facilities for the inmates. They told that this is as if like all are living in their own house. He said that, he is happy, as his son Venkatesh worked in such campus for past one year.



ivities at Home of Happiness and sending these reports. I wish I should also be small part in this great service activity. Abhaya Chairman Sri Meda Narasimhulu visited Home after many days. He went for a heart surgery and was in rest for past few months. All the inmates were happy to receive him and he distributed fruits, Biscuits and dresses for inmates. We all pray god to give him good health, so that he could continue his service activities.







### Republic Day celebrated at Home

Republic day was celebrated in the Home of Happiness. Administrator Vijay Bhaskar gathered all the inmates and we all hoisted the tricolour. Vijay and Kusuma spoke about the importance of Republic day.

### **Thanks for abhaya Donors:**

Sri G Srinivas of Maharshi Rice mills, Miryalagudem sent rice bags, Sri. Phanindra sent atta and wheat ravva. Sri Venkatesh supplying medicine for all the inmates. He is supporting

whenever there is a need for medicine for abhaya. We thank all the donors for their generous support and pray for their wellbeing. Day by day the activities of abhaya are spreading in many folds. With unwavering faith, undistorted efforts abhaya leading all its service activities. Even the destitute are turning to lucky with the initiatives and I am a living example for that. I couldn't even open my eyes once, but now I am over seeing all the act - **Kusuma Kumari, Coordinator, abhaya Home** 





# "HEART" Healthcare Update



FOUNDATION



### **Mission Malavika**

Namasthe. I am Dhana Laksmi living near Parsi gutta, Secunderabad. My daughter Malavika is married to Sravan Kumar, who works in BSNL and gets Rs.15000 per month. My daughter suffered with fits, when she was 4th month pregnant. We admitted her in Gandhi Hospital and after 11 days, we came to home as we could not stay there. After that, she got severe fits at her in law's house in Chital and they admitted in Konark Hospital. She went into Coma while in the hospital. They took scans

and informed that she has brain tumour. She was there in hospital for 23 days and we spent more than one lakh for her treatment. We got some aid from Government and we bear the rest by selling off her jewellery and support from relatives.

Now we are taking her to Dr. Dhairyawan, Neurologist and taking medicine as prescribed by him. Doctor suggested to consult a Psychiatrist for counselling, as she is mentally disturbed. My husband is a daily wage labour and we don't have money to support her treatment. We request you to help us in this regard and unite my daughter with her 6- month old baby. - **Dhana Lakshmi** 

**Update:**abhayan Sairam Reddy from LB Nagar volunteered to visit them and accompanied them to Dr. Naresh, Psychiatrist in Begumpet. Doctor examined Malavika and told that she doesn't need any counselling. But suggested undergo a diagnosis test and visit him for a review after a week. Abhaya is arranging for the medicine she need for next one month.

### **Mission Rajaratnam**

Rajaratnam (60), Makkapet, Krishna Dist suffering with intestine problem has undergone for surgery in the last month but was not successful and emergency surgery needed in a week's time. Today he is admitted in a hospital at Vijayawada.



Family Background: The family depending on his son Y. Raju who is working as car driver with nominal salary at Hyderabad. Ratnam is father of 3 daughters and taking care of his 3 nieces (whose parents were died in an accident). The only source is son's salary for all of them.

For the first surgery, he paid 3.5 lacs which is pooled up from friends and relatives and from his owner and some of the amount is borrowed for interest. Now he was unable to arrange the money for surgery which is going to cost about Rs.2.5 Lacs approximately.

Appeal to lend your hands of support enabling us to pool Rs.75k. You can remit the donation to abhaya.

**Update:** This mission was taken up by PS Rao & Associates, and they pooled 75K. abhaya transferred the amount to Praveen Cardiac Center, where he was admitted with prayers for his speedy recovery.





### **Mission Ulaganathan**

I have done my best to share the need for his medical expense however we did not get enough volunteers to support for this need. Last year November, we expected his operation to be in December end but for some reason it's getting postponed. Patient is still under dialysis due to less funds, last week he missed his dialysis cycle, later when I knew the face, could transfer for 1 dialysis. But again, this week he could not arrange money for dialysis. It would be great if you can support in cascading his need again in your circle. Patient's NOC was expected to be received last week Friday from Tamilnadu Government, but due to the protest in Chennai it got delayed. Recently transplant coordinator called me and informed that after they receive NOC it would at least take 1 month to fix the operation date. All these 8 months I tried my best to raise fund and also fund myself, now I don't know how to extend the support for 1 more month. Kindly provide your suggestion from your experience.— **Gomathi, Bengaluru.** 

### **Mission Baby Geeta Srinivas**

I, K SrinivasaRao, working at Thermo cables Ltd, Hyderabad as a middle level employee and my current income covers to meet my day to day living expenses only. As you all know, my wife Mrs. Geeta delivered a baby girl on 22.08.16 at Apollo hospital, but due to extreme prematurity of the birth and with low weight of 850 Gms of the baby, doctors have kept the baby in NICU and provided the medical treatment continuously till first week of November 2016, i.e. for a period of 3 months to overcome the defects of premature delivery and to attain the minimum required weight up to 1.8Kg. This continuous medical treatment expenses came to Rs.17,00,000/-. I have put my complete efforts and cleared the same with lot of difficulty and with help from Abhaya Foundation, my friends, relatives, loans, etc. and of course with the blessing of the Almighty.

Subsequently, some minor problems used to be there for my baby and recently, on 10th January, I have admitted her in Ankura Hospital for Viral Pneumonia / Severe PAH/ RV Dysfunction (Severe Lungs problem). But due to lack of medical facility, we shifted her to Rainbow Hospital on 11th of Jan'17. From 11th on wards Rainbow hospital has kept the baby in Paediatric Intensive Care Unit and providing the treatment. But it will be very difficult for me to meet this especially after incurring the initial expenditure at Apollo Hospital as informed above. So I am not in a position to meet the entire medical expenses of my baby. As my financial position is now very weak. Now I need some financial support from philanthropists from any persons from the society for Medical treatment of my baby so that she can survive.

Update: abhaya transferred Rs.25000 to Rainbow hospitals as a immediate assistance and abhayan CS Subramanyam, Consultant for Rainbow assured best possible discount for the baby from Hospital side.







### **Mission Gopal Rao**

Father is doing good we have visited Rajyalakshmi Hospitals, Hyderabad for final check up. Dr Sulapani garu seen father and expressed his satisfaction about his health condition.

I wrote my CS final exams well during December 2016 and all because of abhaya and PS Rao sir only.I took a loan of Rs.30,000/during surgery to father and presently working to clear the same. - Lakshminarayana Kota, CS Student, Hyderabad

### **Mission Teena**

My daughter Teena Choudhury is doing well. We have shared Blood test Repot to Dr Krishnamohan, NTR Cancer Hospital, Hyderabad. She is recovering well and Doctor advised us to continue same Medicine. At present Teena is fine. She is regular to school and very active in all the activities apart from studies We Thank you for your kind support. - D Laxman Chowdary, Ahmedabad, Gujarat

### **Mission Sruthi**

Abhaya special child Sruthi is regularly attending Sweekar for physiotherapy sessions. She has been taken to Orthopedic doctor for consultation and after examination, Doctor suggested to have a surgery for her to straight the muscles in her legs. The operation can be performed free of cost of Tirupathi and the parents are planning to visit the Hospital early next month. With this operation, doctors hope that Sruthi can stand and walk normal after a few physiotherapy sessions.



### **Mission Hariprasad**

Hari Prasad has some improvement, after training for 2 years. He is going to Sweekar and his mother is taking good care of him. His father works as a daily labor near Suchitra and they travel all the way in the bus. As they are from Andhra Pradesh, the Gandhi Hospital, who provide a certificate of disability for Bus Pass rejected their application. They went to the Collector and appealed to issue a bus pass for their daily travel. Though they updated the address in the Aadhar, it is not reflecting in the systems and they are still waiting for approval.





# "HEART" Educare Update





### M S Abdulla (B. Tech) (HYUNDAI Sponsored)

First of all, I thank abhaya for the support. Now I am pursuing B.Tech final year in the department of Civil Engineering in VNR VJIET Hyderabad. This month I have completed my external theory examinations and Laboratories. Right now,I am going to ACE institute regularly and I am preparing well for GATE exam. While coming to my family, they are happy but they are working hard to support me. This month I went to my home town after

completion of my exams and later I earned thousand rupees by filling application forms for farmers. We have campus placements during this month and I will try my best to be placed. We also have a project to work going on. We need to do a major project in this semester and they will give the topics in this month. I once again thank abhaya for all the support.

### Naga Raju (B.Tech)

This is P.Nagaraju from Vasavi Collegeof engineering Hyderabad. During this month, I have completed my first semester of 4th year and the next semester is about to start. I was immensely happy to be a part of Job Mela held at Lalaguda conducted by North Zone Police. I have also taken part in Dream Village program Godhumaguda, Vikarabad. It was extremely wonderful moments for me and my friend Prashanth Kumar, who came along with me. It's my pleasure to be part of this camp by which we



came to know the difference in life styles between us and the villagers and we also came to know the the resources provided to us and what villagers are lack of.I thank abhaya for all the support.

### **Bharath (B. Tech)**

I am Bharath, from Ramanthapur, pursuing B. Tech 2nd Year, CVR College of Engineering, Ibrahimpatnam. I have written my examinations well during the month of December and waiting for results. I have been observing the activities happening at abhaya and I must say that they are tremendous and empowering each and everyone associated with abhaya. I thank abhaya for all the support given to me and I assure abhaya that I will make good use of this support and bring fruitful results in establishing my career and, some day, I will lend to offer my helping hand to the needy. I felt ashamed for not participating in the dream project of Abhaya at Vikarabad. At that time, My health didn't support me to participate. Thanks to Abhaya Foundation for giving us a wonderful opportunity to help the needy. Every now and then, When I scroll in the Facebook news feed, I see daily posts. Then I thought, how you are spending time by providing whatever the people need. Abhaya is providing free tailoring classes to Rural women. Recently, started driving class to the people, hope this could help the needy. I thank Sri Viswanath Gupta, KSR and KVG Educational trust and the Abhaya foundation for the continuous support towards my education.





### Irfan Syed (BBM)

I am Irfan from Vijayawada, pursuing BBM 3rd year in Nalanda Degree College.

Giving motivation for everyone to reach the target of the success. I feel very much honourable to get that inspiration and help from you all. And I am very much thankful for helping me in my previous term fee. Coming to my monthly updates. My studies are going good as of now. Attending classes regular and following the pattern

of studying. I have prepared my own schedule for my final year preparation. I am confident that I can do well in this academic year. Getting feedback from my lecturers that where I am lacking. And trying to improve in those scenarios. Coming to my professional life, doing well in my job as well. Still a lot more to learn and grow up in that organization. Hope I would do well! Once again I would like to thank 'Abhaya Foundation' and their team.

### **Rohan (Polytechnic)**

I am studying Diploma 1st year ECE branch in Govt., diploma College Siddipet. Academic syllabus was finished



by 2nd week of December. And during this month SBI employees visited our College and taught us about cashless transactions to helpthe farmers from nearby villages. We also participated in this activity and in college the teachers are completing syllabus for final exams and I did my best. The S.I. of our village came to our college and explained how to become asuccessful person. I celebrated the new year with my parents.

### Sailatha (MBBS)

I completely engaged entire period with books and did my best in prefinals. Practicals in this semester gave a different experience, where we are supposed to directly dealpatients (bed side clinics) and finish the case with in allotted time. I did my best with heartfelt effort and started preparation for finals. After these exams, I got an opportunity to participate as a part of festive under the umbrella of VIDHYA VAHINI at Kasturba School,



Bukkarayasamudram. Here the children are from different backgrounds like few children are orphans, few are from broken families, abandoned, socially denied from the society, assaulted etc., who are desperate and despondent. The main intention is to enlight them and imbibe present education system in a comprehensive manner by drilling in to their heads. Also, to incorporate the values that we have learnt from our beloved swami and thus encouraging and accelerating their spirits through small games, dances, dramas, competitions, songs, Vedas, etc., as a part of New Year celebrations. Children were overwhelmed with joy and got admired. Recently my name has got registered as a ladies' youth co-coordinator at swamis organization which was planned, chose and picked by swami. I don't want to take anything for granted. By his grace, I would like to discharge my duties whenever and where ever possible without neglecting the priorities. As a part of it, planned to implement mobile hospital services which is going to be inaugurated on 22nd January.

I amamazed to know about women empowerment in the newsletter. This is aproactive approach to uplift the community and promote the life standards because Women are the real bulwarks of Indian culture, makers of home, Nation, world etc., But lots of tedious and heartful effort is going behind everything. This huge inspiration is leading me to take part in such small social works along with education which is not merely for acquiring a diploma or degree. I am really glad and blessed to know abhaya in my life.



### Vyshnavi (B Tech)

I am G.N.B. Vyshnavi, student of Sri Vasavi Engineering College. First of all, wish you all a very Happy New Year. I am studying well and everything is going on as per schedule in the College. A Robotics workshop will be conducted during this month in the College by EEE department. Our results may be released in this week. All the students are waiting very curiously for the results. In our hostel, all the students celebrated New Year. It was really nice. We invited our college Principal and President as chief guests on that 31st night. Some of day

scholars also came to hostel on that day. Students also participated very actively in dance, singing, skits etc. I have given dance performance along with my friends in group dance.

### **Afreen Syed (Air Hostess)**

I have successfully completed my training period for Indigo Airlines.It was very challenging for me, there was a lot which I learned in this period.I stepped into my dream world by the help of many people and abhaya plays a key role and Raghav brother tooin establishing me. I will be joining in duty soon and I am excited for that. I thank abhaya for all the support.I am very excited for the



first day of my duty. I have got to learn Many things from this industry. Please support me like this and bless me for my future.



### Radha (B Tech)

I am V.Radha studying B.Tech from Anatha Lakshmi Institute of Technology, Anantapur. I spent the semester holidays at home and came back to College on 28th of this month. The new semester's subjects are little tough. x Apart from this my health is fine and I am thankful to abhaya for all the support given by abhaya.

### Sireesha (Agri B.Sc)

I would like to convey that whatever I am today that is just because of abhaya. If not for abhaya this could not have been possible to anyone. And coming to my Academics, 7th semester classes are completed and my preparation for final examinations has started. Everyone in Family is fit and fine.I am trying to arrange my part and I will informyou after arranging my part of fee.



### Sandeep (CA - IPCC)

I a m S a n d e e p f r o m Palamaner, staying in TMLC hostel, Bangalore. Coaching classes are running rapidly with lot of syllabus. I am able to cover all topics without fail. In taxation, Direct tax was completed and I prepared short notes and practiced lot of previous year question papers. I am enjoying



preparing for CA examination. I have given a presentation on Negotiable Instruments Act in my Hostel. I have been trying to improve my communication skills during leisure time. I am determined to be focused in preparation of exams till the month of May 2017. Finally wish you a happy new year 2017 to all abhayans. I am grateful to bepart of abhaya and I have learned so many things.

### Manikanta (B.Tech)

I am P SaiManikanta from Rajahmundry. In the month of December,I have completed my first semester examinations. The classes for second semester are going at a slow pace now and I think they will be normal after Pongal vacation





### Mission Gopi Reddy (B Tech)

Gopi Reddy is studying IV B.Tech in Sri ChundiRanganayakulu Engineering College, Chilakaluripet. He lost his father at very young age and his mother is taking care of him with the support of her brother. He is a good student and got good percentages in SSC and Polytechnic. As he is in the final year of Engineering, he need to be prepared for his project andalso for

Placement Interviews.

He used to travel about 2hours from his home to attend his classes. But now, is planning to stay in Hostel to prepare well for the project and placement. Abhaya Trustee Praveen referred him and he met Siva Krishna for an interview. We felt that he need lot of guidance to get a job in placements. Praveen assured to take the mentorship and abhaya will be standing beside him by supporting for his room rent for next 3-4 months. He also need about 10000 for his Project work and Examination fee. We appeal any donor to come forward and support him. With guidance and support, we are sure that he will be settled in good job soon

### Swapna Priya (CPT)

Dear abhaya, i am fine here by the gods grace. My health is good is studying well. I wish a very happy new year 2017 to all my abhaya family members. Presently studying degree 2nd year in Shanthinikenthan College. The syllabus has completed and we completed the record work. During my Feburay, we will have practical exams. December for Christmas, we got 3 days holidays and 1st Jan new year celebrated new year with my



friends and family... enjoyed a lot on that day. Recently on Dec 19th I wrote CPT, exam center was at Hindi Maha Vidyala in RTC cross road. I am waiting for the resultsw

### V Srikanth (Groups)

I have written my Group 2 examinations in the month of November and awaiting results in January. I thank abhaya for all the support rendered. And I hope for the best in my results. Now, I am looking for a private part time jobs.



### **Shilpa (9th Class)**

I am Hi sir, how are you? hope that you are fine. We had our per-half yearly examinations in the last month and I have done my level best. We will have half yearly examination after Sankaranthi vacation. I am preparing for exams we are having annual examinations in February month. Srikanth annaya is making me to learn lessons. I just want to

complete my 10th Class. The school had taken us for a picnic to Wonderla on 9-12-16, there we enjoyed a lot and had beautiful memories with my friends. Finally wish you in advance a happy Sankranthi

### **GVK School Update**

The following service activities were done in GVK, Vedurunagaram during this month. The construction work of the new hostel building was continued till 11th January. There onwards Pongal holidays were announced for the school.

Construction worm resumed from 22nd. The iron grills for columns were erected in the pits. The study hours for 10th class students were started as the cent percent result were to be gained for this year also. All the subject teachers were busy in that work. The photos of the construction work were also already sent. - S Bhavanarayana, Secretary





# "HEART" Awareness Update



As the final examinations are fast approaching for the students, the month of January provided wonderful opportunity of service...Most of the days in the month was filled with series of Awareness Sessions across the South Indian states. Various Social Service Organisations approached the Founder to visit their places and address the students gathering in various towns and villages. Founder with the support of Sri Sathya Sai Seva Organisations, Govt., High Schools Jr/ Degree Colleges and like minded people could visit 3 States, 6 Districts...covering around 60 institutions...Inspiring about 40,000 students.

This can be termed as the BEST service out of varied projects handled by abhaya. Year after year, the scope and coverage is increasing in manifold proportions. Further, the Awareness Sessions will carry a minimum cost and maximum benefit to the most needy. Our observation is that, today we need selfless coaches who can spare their one day time in a week for the betterment of the Young India. Our search is on for such selfless volunteers who can inspire, motivate, guide and guard the student communities in the county.

Following updates will bring out the value and impact of Awareness Sessions handled by CS Balachandra Sunku, Founder, abhaya Foundation who may have interacted with at least 15 lakhs of people till now in the past 2 decades in the country. - **abhaya Team** 

### Sri Sathya Sai Seva Organization, Adilabad Dist. hosted Awareness sessions

### A session at Sri Sarada Vidya Mandiram, Utnoor







### A session for Jr/Degree College students @ Utnoor











### మానవతా విలువలే ముఖ్యం: సుంకు బాలచందర్

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ఉట్నార్లలో, వర్మార్థులను ఉద్దేశించి మాట్లారుశున్న నుంకు బాలచందర్.. నార్నూర్లలో

ra ages effectes a data adjust due to are de డైన ఇక్తే ఇదే అంకాల పై విద్యాప్తలకు అవగాహన Hypera stances again motor වේ පතුන වෙරව ව ක්කුම වෙර රේද්දා ರ್ವಾಂಡ್ ಎರಂಕ ಮನ್ನು ನೇಕೆ ಪರಿಕ್ಷಲಕು తురానైనే జర్మాల పారంచుకుండానుని అన్నారు. රණ වනවීම වැන්වාර සේකරේ එමෙන ප්රතාන්තුන් සුම් වනුන ස පැමුණ කාලයේ

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పయిగించాలన్నారు. కుటుంబ పోషనకు ఉద్యోగం అవసరమే అయినా, ఉద్యోత దిన్న డా, పెద్దనా හරුයි යුවන්ට අත් ව, පටාම් ස්වීල් ජනුවා ಸಕ್ಷ ಸುರ್ಯ ಘಟರಾಲನಿ ಅದನ ಶಾಕ ತ వరికారు. ఈ కార్యకమంలో మా జీ ఎమ్మెల్స్ సుమ నరాజీక్, తబ్బూర్ సీప గణవత్ జాదక్, అయా కళా కాలు ఉన్నపాల్స్ అస్టిన మల్చరిక్తి డాల్టేంద్ని రాజే

వార్పూర్: విద్యార్భులకు మహావైర్యాన్ని పెంపాం దించేందుకు డైతీ ఒక్కురు కృషి చేయాల్సిన అవసరం රෙස්ව පැවතරක්වී සඳවුණ කිරෙම පැවත කිරෙස් coes seud hous roube sero. Sa వరి రిగ్గీ కళాల, ప్రభుత్వ జానియర్ కళాలల ವಿಧ್ಯಾಪುಲಕು ಅವರ್ಷವಾದ ಕರ್ಲಿಂಥರು ನಿರ್ದೇಶನಕ కాదర్, పలాష్, జైవీట్, మురళియాండ్, ఎస్టె స్త్రీకాంత్, సైన్మపాల్ మరేష్ తదితరులు పాలాన్నారు.

### **බියාුව ය**න් කාරය් <u>ව</u>ිම්ජ බ්වාන්වකා పිරම් කෙරීම කිව

ක්‍රුප්‍රීණු නපාත් තන්සා ක්‍රාන්ත්‍රයේ

ఉట్కూరు: పిల్లలు విద్యార్థి దశ నుంచే తల్లిదండులు, గురు వులు, పెదల విషయంలో గౌరవం వంటి నైతిక విలువలను పెంపాందించుకోవాలని సత్యసాయి సేవా సమీతి వ్యక్తిత్వ వికాస నిష్ణబడు నుంకు బాలచందర్ అన్నారు. మంగళ వారం ఉట్పూరులో ప్రలాజీబాబా విద్యాసంస్థలు-సత్వసాయి సేవాసమీతి సంయుక్తంగా మానవుడు-నైతిక విలువలు వ్యక్తిత్వ వికాసం ఆనే అంశాలపై సదస్సు నిర్వహించారు సదస్సులో ఆయనతోపాటు మాజీ ఎమ్మెల్యే సుమన్ రారోడ్ పాల్గొన్నారు. ఈ సందర్భంగా ఆయన మాట్లారుతూ నైతిక విలువలు, సమాజం, సామాజిక సేవా దృక్కడాన్ని అలవర్ను కోవాలన్నారు. సదస్పులో కళాశాల మీన్సిపల్ మల్లారెడ్డి, ఆధ్యా పకులు, ఏఆర్ఎస్ కళాశాల అధ్యాపకులు పాల్చొన్నారు.

నార్కూర్: ప్రతిఒక్కరూ ప్రశ్నించే తత్వాన్ని అలవర్సుకోవా లని వ్యక్తిత్వ వికాస నిష్ణయడు సుంకు జాలచంద్ర అన్నారు మంగళవారం నార్పూర్ పోలీస్ సీఐ గణపత్ జాధవ్ ఆధ్య



సదస్సులో మాట్లాడుతున్న వ్యక్తిత్వ వికాస నిపుణుడు బాలచందర్

ర్వంలో ఏకలవ్య కళాశాలలో విద్యార్భులకు అవగాహన సదస్సు నిర్వహించారు ఎస్సై కదిరే శ్రీకాంత్, ఏకలవ్య గురుకుల కళాశాల ద్రీన్మిపల్ సురేష్, డ్రుక్రుత్వ జూ. కళాశాల డ్రిన్సిపల్ శివ్రాజ్, వేదనిది [ప్రైవేట్ డిగ్రీ కళాశాల డ్రిన్సిపల్ చకోర్ శివాజీ, సిబ్బంది ఖాదర్, గంగరాం విద్యార్థులు పాల్గొన్నారు.

### වස්තුව යৰ කාංධ් වීම්ජ විපාත්වක ඩිංක්රෙඩ්රයාණිකවේ

ක්දුම්ණ කිපාති තික්සාසා සාම්කර්ර්

**සොදුරු** වලට වලල් එම කරේ ජවුස්දේශය, එස් Sen. වන්න ව්යිත්තරේ ෆින්ස් සිතේ වනස්තරය పెంపొంటందుకోవాలన సత్వసాయి సేవా సమీత వ్యక్తిత్వ ර්මත් එකුසාරා කරණ පෙරේරේජී සඳවුණ නිරේණ පත්ර ස්පාල්ස්ඒ වුපත්පත විපාල්රවලින-විස්ල්විතා teles denic el coro di idilio delecerdo. ్యాల్ అయనలోపాటు మాజీ ఎమ్మెల్యే సుమన్ రారోడ్ කැතිකලක් ಈ බරේදාගත ප්රාන් කි<del>න්දෙන්නේ වුමර්</del> విలువలు, సమాజం, సామాజిక సేవా దృజ్భధాన్ని అలవర్ను కోవాలస్వారు. సద్యులో కళాశాల మిగ్గిపల్ మల్లారెడ్డి, ఆర్యా పకులు, ఎఆర్ఎస్ కళాశాల అధ్యాపకులు పాల్గొన్నారు.

వాట్నార్: ప్రక్రించ్ ప్రశ్నించే తల్మాన్ని ఆలవర్సుకోవా හර සුදුල්ල වසර විධුකාර වාරක සංපර්රේ ප්පලරා 



నదస్సులో మాట్లుడుతున్న వ్యక్తిత్వ వికాస విపులుడు బాలచందర్

ర్యంలో ఏకలన్న కళాశాలలో విద్యార్భులకు అవగాహన నటస్వ నిర్వహించారు ఎన్నై కదినే శ్రీకాంత్, ఏకలన్ల గురుకుల కళాశాల మైగ్గువల్ మరోడ్, ప్రవుత్వ జూ కళాశాల మిగ్గువల్ శవరాజ్. వేదనిని (సైవేట్ డిగ్లీ కళాశాల మనుపల్ చక్చి ೂಡೆ, ಶಿಖ್ಯಾಯ ಕ್ಷಾಪಕ್ಕೆ ಗುಗರಂ ವಿಶಾಯಲು ಶೇರ್ವನು

### A session at Rajiv Gandhi Institute of Medical Scinses - Auditorium , Adilabad

Most memorable session with more than 1200 students at RIMS Auditorium, Adilabad. it's like blessing in life sharing the most precious philosophy of Bhagawan Sri SathyaSai Baba focusing on Complete Personality. Not even single student moved from the chairs, medicos &BEd. students sat on the floor. The Chief Guest Dr Ashok, Director, RIMS who came to spend 5 minutes' time, stayed back on the stage for 3 hrs. Thanks to Sri SathyaSaiSevaOrganisation, Adilabad, Convener Sri Bollu Vilas and others for organizing such a mega event. Prayers to Baba for the divine opportunity of serving the youth of Adilabad. - CS Balachandra Sunku, Founder, abhaya Foundation





















### వ్యక్తిత్వ వికాసంతోనే సామాజికాడ్తివృద్ధి

#### ● බ්සැරාවුණ అవగాహన సదసు.

ఎదులావురం. మ్యాన్ నిర్ణయించుకాని దానికనుగు ణంగా మైజాళికలు సిద్ధం చేసు වසරේග එංගිරේස්ර විභාව නුණාරකට වණුව ගා ර්න మాలించారు. సత్వసాయినేవా

సంస్థ వారు స్వానిక రిమ్స్ ఆడలోం ಯಂಲ್, ಗರಿಜನ ಜಾಲಿಕಲ ಆಕ್ರಮ ಘಲೆ కాలలో, కౌలం ఆశమ పాఠశాలలో వేర్వేరుగా సైతిక విలువలు- వ్యక్తిత్వ వికాసర అనే అంకాలపై అవగాహన నదస్సులను ఎర్బాటు చేశారు. ఆయన ముఖ్య ఆతిరిగా పాల్గాని పట్టిత్వ



పణాళికలపై విర్యాద్మలకు మృశ్చలు ಎಂದಿಸ್ತಾನೆ ಮಂದಿ ಹೌರುಲುಗ್ ಎದಗ టానికి వలు సూచనలు చేశారు. ఈ కార్యక్రమంలో జిల్లె కేందంలోని గౌతమ, విద్యార్తి, నలంద, వాగేవి కళా Fee වසාූරුමේ එසා පැමිඨ ర్వాయులు, రిమ్మీలోని వైద్య విద్యా

ముందు పత్వసాయి చిత్రపటావికి రారు. ఈ సందర్భంగా కార్యక్రమంలో ప్రధాళికతో నిర్దేశించుకున్న

సినిమా

### గురువారం 5 జనపర 2017

### **ප**රතුස්

### యువత చేతుల్లోనే దేశ భవిష్యత్తు



సమావేశంలో మాట్లాదుతున్న కార్పొరేట్ టైనర్ బాల చందర్

ఆదిలాబాద్లు పే: పాశ్చాత్య సంస్కురికి అలవాటు పడుతున్న నేటి నమాజంలోని యువత చేతుల్లోనే దేశ భవిష్మత్తు ఉందని ప్రతి ఒక్కరు గమనించాలని కార్సొరేట్ టైనర్ బాలరందర్ అన్నారు. బుధ వారం స్వానిక రిమ్స్ ఆడిటోరియంలో త్రీ సత్యసాయి ట్రస్ట్ ఆధ్వర్యంలో కెరీర్ గైడె.🗓 పై ఒక్క రోజు చర్క్ పాషను నిర్వహించారు. దీనికి ముఖ్య ఆతిధిగా హాజరైన కార్పొరేట్ టైనర్ బాలచందర్ సత్యసాయి చిత్ర పటానికి పూలమాల వేసి నివాకులర్పించారు. అనంతరం కార్వక్ర మానికి హాజరైన 500 మంది విద్యార్థులనుదేశించి మాట్లాడుతూ యువత నమాజ సేవలో భాగస్వాములు కావాలని, సేవా మార్వాలను



పాల్గొన్న విద్యార్థులు

ఎ ందుకోవాలని అన్నారు. భవిష్యత్తులో ఉన్నత స్వానాలకు ఎదగాలంటి ప్రజాళిక బద్ధంగా ముందుకు సాగాలన్నారు. నమాజ సేవకు పాటు పడుతునే భవిష్యత్తుకు స్థుజాళికలు రచిందుకోవాలని నూచిందారు. యువత మన కోసం కాకుండా మనతో పాటు సమాజం కోసం జీవీం రాలని అన్నారు. అంతేకాకుండా కష్పాలను అదిగమించినప్పడే భవి ప్పత్తు సుజంగా ఉం టుందని గుర్మందుకోవాలన్నారు. రెదు వ్యసనా లకు బానిన కాకుండా కెరీర్ గైడె.X్స్ పై ప్రవేత్మక దృష్టి సారించి ఆధ్వాన కులకు, తల్లిదండ్రులకు, సమాజానికి మంచి గుర్తింపు తీసుకు రావలని కోరారు. ఇందులో రిమ్స్ డైరెక్టర్ డా.ఆశోక్, నత్ససాయి ట్రస్టు నద్దులు విరాస్, పాల్చ్యారు.







A session at social welfare girls hostel. A session at social welfare boys hostel, Adilabad.











### A session for College students @ Narnoor











### A session with the students of Girijana Pathashala, Mamidiguda









A session with students of Bolten High School, Secunderabad.









Sessions with students of Kendriya Vidyalaya (High School & Jr College), Secunderabad.















#### Founder addressed @ ZPHS, Chandrampalem & Sri Prakash Vidyanikethan, Vizag.

Thanking Sri TSR Prasad, Retd. SP,Vizag for the invite. It's very inspiring to see how he with his friends over there transformed Govt ZPH School at Chandrampalem near Vizag in to a Model School in just 5 years' time. It's amazing to see 3200 students studying there in a massive campus spread across 6 acres. It was drawn the CM of AP, Sri Nara Chandra Babu Naidu. Founder is invited to address the students. It was a true honour for spending time at the School.























#### A session at Sri Prakash Vista Niketan, Visakhapatnam









### A session on professional Ethics @ Hyderabad Chapter of ICSI.

Founder had yet another opportunity of serving CS Executive students at Skill Development Program organised by ICSI, Hyderabad. He discussed on Professional Ethics in today's world and received good feedback from participants.









#### Founder addressed the members of Connect Supreme @ Hyderabad on ethics











#### Mountaineer, Ashasingh (Haryana) visited abhaya seeking help

Smt. Asha Singh has a dream - to be on top of the world. She is 38 years old.. a mother of two teenagers. She wishes to climb Mt. Everest, for which she requires a minimum of Rs.25 Lakhs. She is taking out money from her GPF and taken a few Lakhs of hand loans and making it Rs.21 Lakhs. She is from Rajasthan, married to a Haryanavi. Founder called her, post tagged in Facebook by Smt. Komal Jogpal, IRS, Commissioner Youth Services & MD, AP STEP to abhaya Foundation Hyderabad. She is being guided with lots of information and various channels for her successful completion of Mission Everest. She will be first civilian lady to scale Mt. Everest from the state of Rajasthan. For Asha, every contribution matters - no matter how small or big the amount is. If you want to contribute to her, in fulfilling her dream. Please donate for the cause. Asha was a stranger to us till yesterday, but today we stand for accomplishing her possibility. - **abhaya team** 



Dear Sister Asha Singh, that Silver tumbler is the only thing, my mother gave me while I was leaving house 20 years ago. Those Silver diyas were gifted by tailoring students of abhaya. They alone are valuable with me; hence I gave them to you with blessings of GOD. You can sell them and make use of the money for your mission. I am sure, your mission will be accomplished as easily as that of drinking water from a glass. And that you can be a light for the women of Rajasthan and Haryana. Shubham Bhooyath. Vijayosthu. Abhayan Raji can help you to prepare the documents needed for your Summit. - **CS Balachandra, Founde**r



### Founder toured in Rayalaseema Dists. He spoke, we listened, He conquered - Reported by Phanindra (B.Tech)

During the year 2015 we SSSSO, Anantapuram invited CS Balachandra Sunku, for taking life skills sessions in various schools and colleges in and around Anantapuram. Again in the year 2016 we invited him. In the 2 years time, we were successfull in motivating more than 15000 students of Anantapuram Dist., without any major cost. Whenever he visits Ananthapuram Dist, I used to plan couple of sessions.

This time when I heard that he is scheduled to attend National Seminar at Uravakonda Govt Degree College on 24th Jan 2017, We the volunteers of Sai Org spoke to him and with his consent we planned a big session for class X students of Govt Schools considering final exams in the month of March. As exams got postponed we could not proceed on the proposal. This disappointed us a lot. There was only one chance for us i.e to go for colleges. In due course we approached the Principals of various Colleges in the city and explained the theme of the programme. When we approached them for permission, some didn't taken it seriously, but after listening to the Founder, they realised how much useful was the talk for their students.

As I closely observed the Founder, I learned many things and I am pleased to give a title for his sessions "He spoke, we listened, He conquered"

### 23rd January 2017 - A session at SSBN Degree College

As a part of his visit Ananthapuramu, he first visited SSBN Degree College. He interacted with more than 1000 students. He was the alumnus of the college from which he got studied B.Sc., He infused the concept of Nationalism in the students with a small story of great patriot Nethaji Subhash Chandra Bose on his 120th birth anniversary.

He interacted with the students in his own style and explained the concept and 5C's which are needed to a student who is from rural background. He went on explaining more 5C's which are to be avoided by a student who has passion for education. Some students who heard to his session in IMPACT came to him and said that they even now take the notes of his speech as their reference for stepping ahead.









#### **Address at JNTU Girls Hostel:**

Due to hectic schedule for the day, Balachandra could not even rested for a while. Further, we received request from Dr AP Shivakumar, JNTU Anantapuram stating that...they really need his session. Not able to deny their request, he visited their Girls Hostel in the night at 830PM and interacted with 500 girls of SHILPA Hostel. Night uncle interacted with 500 Engineering Students. The session was quite different. He answered to the questions raised by the girls. They got impressive answers for their issues & problems. He explained all with real time examples. The session started at 8:30 PM. We thought of concluding the session at 10PM. But it went on up to 11:30 PM. Thereby concluded the day serving fellow brothers and sisters on first day.









Felt amazed to spend time with most vibrant and brilliant engineering girls students of JNTU, Anantapuram...The schedule was so hectic the invite was to speak to the students at the hostel after Dinner...It was time filled with loads of positive thoughts in the hearts of 500 students. Thanks to Dr AP Shivakumar, Chief of JNTU Hostels for the opportunity and also thanking Sri Sathya Sai Seva Organisation, Anantapuram... I really don't have words to share how motivated the students are even in such late hrs in the night. Kudos to JNTU Shilpa Hostel. - CS Balachandera Sunku, Founder, abhaya Foundation







#### **Address at Sreenivasa Ramanujan Institute of Technology**

He there after, took his food in the vehicle arranged by Muralikrishna while proceeded to interact with 300 out going graduates of Sreenivasa Ramanujan Institute of Technology (SRIT) at a workshop organised by the Department of EEE on "Human Values and Professional Ethics". He explained many things that are to be there to excel as a professional in the corporate world. During his course of interaction one boy said that he wanted to become an entrepreneur, Balachandra encouraged him by gifting him Rs.500 as the initial contribution to his investment. The session went on for 3 hours. After the session some students came and spoke how they felt. No words can explain as to how they were all infused by qualities like Excellence, Trust worthiness, Honesty, Integrity, Concern and Sincerity (ETHICS)

The principal and other staff felt very happy as their students are given an excellent feedback about the inspiration and guidance they got while they stepping out of college to the corporate world within 3 months













We initially were not at all interested due to the force of Faculty, we attended but after the beginning the talk of Balachandra sir .we didn't even made a move from that place it was such an awesome speech.

The speech was heart touching, after listening to him, I felt like talking confident and positive. We are in need of such talk. I think it would be good, if we can repeat this sprogramme.





It was highly touching and informative. Generally after the speeches' we get tiredness, but even after 10:30 PM, we are highly energetic and ready to sit for more hours

His speech is very inspirational, motivational and energetic. The slang he used made the conversation very interesting. The examples he gave are very important in life.





It was bright moment and absolutely eye opening session. we really enjoyed it from our hearts.

The Program, it's first time of its kind I remember. Hostel staff were very firm in saying that a session at such delay hours will be tough and difficult, as the students are tired from day long classes and events. So, we thought of confining it to 1 hour, but the session went on for 2:30 hours. Still, not a single student moved out and further asking the speaker to continue... entire staff working in the hostel are stunned. They are all speechless and Students are spell bound. Some are inspired, some made their minds for new goals, aims. No seminar till date touched the concept of spirituality, This session has everything.. students, friendship, goals, God, life, personal, parents, country. Everything. It's a complete, perfect & opt programme to all. Message conveyed to our Administration, Principal they also felt very happy. Interesting thing is that, message was directly placed in the young minds of students in different style, with humour, that was appreciated by many students. Thanks from my side, students and JNTU, Anantapuram - **Dr A P Shiva Kumar, Officer incharge of Hostels, Assistant Professor of CSE, JNTUA** 



#### 24th January 2017 - National Seminar on Human Values & Professional Ethics @ Uravakonda









Founder was Guest Speaker at the National Seminar on Human Values & Professional Ethics organised by Govt Degree College, Uravakonda, Anantapuram Dist for Teachers and students. When seen the seminar, hall is too small with some hundred participants, the he just tried differently with the support of organising committee. Within no time, the seminar shifted to corridors of the college, making the gathering to 400+. Many students felt it as a punishment to be part of it, but founder won their

hearts in no time. Most electrifying session followed thereafter for close to 3 hrs. It was like dancing with the entire gathering immersed in value orientation for life. These impressions will convey the most vibrant report of what happened and how it happened. Thanking Dr Ramachandra Murthy, Principal, Dr Sailaja and other staff for the opportunity bestowed on me to serve my beings. Thanks to Sri Sathya Sai Seva Organisation, Anantapuram for the coordinated effort.

#### A session at Narayana Junior College (Boys), Ananatapuram

In the evening he spoke to 1200 young boys of Narayana Junior College. Understanding the issues of the students wasting food, damaging property etc., from teachers... he concentrated more on good citizenary. He explained the points quoting live examples with which he could bring a sacred feeling on food in those young hearts. He interacted with senior boys of college last year. Seeing

him once again they felt very happy and cheerful. When he gifted some money to a boy who answered his question, the boy returned it to him telling that he want give it abhaya education activities about which he heard during the session. This incident is enough to depict how the speaker conquered their hearts. The session which started at 9PM continued up to 1215AM in the early hours of next day.











### 25th January 2017 - A session at Narayana Jr College (Girls), Ananatapuram

Not bothered about his personal comfort, health and sleep, Balachandra with the love for youth visited Narayana Girls Jr College, Gooty Road in the town. He spoke to 1000 girls waiting for him. In the session he has given many tips for their exams which are going to start within a short period. In his style he explained many things with help of songs as it can reach them very easily.

#### A session at Balaji College of Pharmacy

Later at 11AM, he proceeded to Balaji College of Pharmacy where he addressed 400 students. He accelerated the spirits of the students with his concept of Complete Personality. He explained the concept with 5 papers namely Individual, Family, Education/Job, Society and Spirituality. Really the session was awesome.

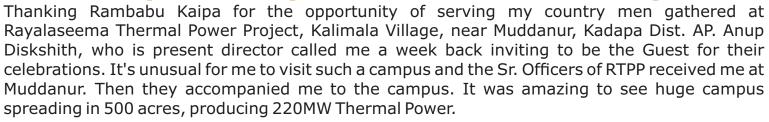
Half of the students shed tears as he explained the importance of caring parents and leading the life in present situation. He had spent close 3 hours. The students and staff were spell bound. Many students came voluntarily and expressed their deep gratitude to the speaker.

Finally I take this opportunity to salute CS Balachandra Sunku for his commitment and dedication in serving fellow citizens of this sacred country BHARTH and I also feel inspired and blessed to stand along with him in this eternal journey of Love All & Serve All. We on behalf of Sri Sathya Sai Seva Organisation, Anantapuram express our sincere thanks to him for making us to serve about 6000 young minds in the District.



#### Founder addressed at Republic day celebrations hosted by RTPP







The officers were so kind and passionate to serve their fellow beings at Campus took me around the Power Plant. It was seeing a modern temple in the country. It gave me more Philip than the feeling I got when seeing the ancient temples in the land.

There were close to 2000 people working for the country in an extremely hard situations. More than 8000 people living in the campus. When seen the celebrations going in a traditional way...I thought it would be very difficult to deliver the talk after Flag Hoisting, March fast, routine speeches, cultural programs... I was invited to speak at the very last slot. I lost my hope seeing everyone gathered are leaving???



But God's will was different... I took the mike surrendering myself to the God and Country. Just roared in the middle of the ground... I could not imagine my self... Everyone returned to the ground... Then started Powering the People in the name of Republic Day... Empowering the people in the name of power project. Kids, students, teachers, Officers, guests started involving alike in the interaction... When the celebrations started... It was like parade ground seeing no one in the middle... But when it is concluded... It was like seeing humans without ground...

I heartily enjoyed every single minute of my stay at the campus on this auspicious Republic Day of my holy land. Lots of application to the team lead by Anup Dikshith - **CS Balachandera Sunku, Founder, abhaya Foundation** 











I have seen very few inspirational speakers like you, who can speak and inspire children in either Telugu or English. Your voice and control over the children is amazing.

Mr. K. Anup Raj has been doing good work at the power plant and worked hard to make this program possible. I am very happy that both of you

enjoyed on the occasion of republic day.

I would recommend Mr. Balachandra Sunku for any school /gathering to inspire /instill values.. - Rambabu Kaipa, Akshyapatra, Hyderabad

RTPP Colony people are very grateful to CS Balachandra Sunku, Founder, abhaya Foundation for accepting our invitation to speak at the Republic Day Celebrations on 26-01-2017. Inspite of his busy schedule he has come

all the way from Hyderabad to RTPP, Kalamalla, Muddanur in Kadapa Dist, to motivate our children and residents of our colony. It was a great moment on that day and our people had a different exposure to the highly knowledgeable speech by him. We are really amazed at your oratory skills and all the colony people including our Station Head , Chief Engineer felt very happyabout the way he made both children and elders alike with his talk on that occasion. Once again we are very much thankful to him for making the republic day event very agile and a grand success. - Anup Dixith, President, RTPP Officiers Association, Kalamalla.



#### Founder addressed at Yuva Kerataalu @ Machilipatnam hosted by the Minister of AP Govt. Sri Kollu Ravindra















# "HEART" Rural Development Update



### Hyderabad City Police Cheyutha - abhaya Empowerment Projects in Hyderabad Slums abhaya Women Empowerment Center at Boyaguda

Cheyutha, the brain child of Smt B Sumathi IPS, DCP, North Zone, Hyderabad City Policy gave us an opportunity to serve the most needy in the society. The first ever Cheyutha – Job mela organized by North Zone Police during the month of December 2016 was a huge success. Part from providing platform to unemployed youth and companies looking for right candidates, she felt it is appropriate to look at the unskilled and unemployed youth force of the society and approached various NGO/ NPOs in the city, who are giving free skill development courses to tag such youth who come fto Job Mela without skills.







Smt. B Sumathi, tapped the resources of abhaya Foundation in this direction. The team was called for the briefing and the Founder personally felt it as great opportunity to serve the society with the support of Hyderabad City Police on one hand and making their friendly policing a reality on the other hand.

The Cheyutha Job Mela, gave an opportunity to abhaya to register about 60 unskilled youth for Driving Classes and equal number of women for Tailoring Classes. Further, about 50 people for Home Care Nurses Training. All these people were approached by



the volunteers in phased manner. very few turned

back on their learning interest. Couple of them got the opportunity at abhaya Fashion Designing School at Telecom Colony, Couple of them took admission at Mother Theresa Wellness Care Center, Kharkhana and couple of them joined at abhaya Home for Driving Classes.



But, it was found that if we provide training facility in local areas more number of people may be able to make use of the opportunity. In that direction with the help of couple of registered women abhaya is able to interact with unskilled women of Bholakpur / Boyaguda areas. They were amazed to know there is an NGO working like that... a group of women started campaigning in the areas. Within a week's time, there were about 60 women registered for free tailoring classes.



Then question raised as to where to have the center... with the able guidance of DCP, the team approached the Chilkalguda Police Station team, they within no time spotted newly constructed community hall near the locality, thereby Keys Community Hall became a center for abhaya Empowerment. Sudhakar, President of Community hall handed over keys unconditionally for the good work.



Smt Krishna Veni Rangarao came forward to provide Master Trainers, Subbayamma & Swapna from their area (Telecom Colony) Secunderabad and also assured to spare little time for the center during the course period. This added lots of confidence to the team abhaya. The applications called for, screening and short listing done. About 40 deserving women selected for the batch. 6 Sewing Machines were set up at the center. Knowing about the work, local cooperator Hemalatha Lakshmipathy came forward and provided 4 more sewing machines.



abhayans Srikanth Natarajan provided needed stationery, Sai Vinod spared his personal time to set up the center in all respects, Nalini Narender & Bhavana Vinod came forward to be coordinators for the 2 months course, a neighbor Sarswathy came forward to take care of security of center.



30th December 2016 at 5PM, there were hundreds of women, well wishers, local leaders, police officials... no one knew what happened there silently... Smt B Sumathi IPS, DCP - North Zone Police personally came along with fleet of Senior Police Officers of North Zone, the Center was inaugurated by Sumathi & Hemalatha. The entire story lead to inauguration of abhaya Women Empowerment Center was narrated by all those who did their bit.

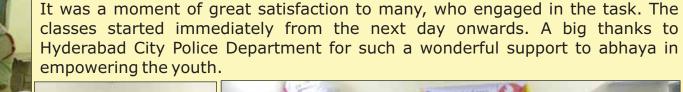




















#### The clasess in progress











We always have divine experiences while serving the needy in abhaya.. here is one such experience shared by K Rangarao, Trustee, abhaya Foundation: "I had been to Ambivali for attending an official meeting. While proceeding to Mumbai, I remembered 7th Jan is the Birthday of my colleague, Ms Sujatha Raman, the cluster head, Sharekhan, Pune...knowing this my wife Krishna Veni, abhaya Women Empowerment Center handed over me handcrafted

thread bangles as gift to her. While wishing her at the meeting, I handed over these bangles to Sujatha...I thought it was an end! But, GOD started his work from there...Sujatha visited www.abhayafoundation.org and got inspired by the work...transferred To.25,000/-. With gratitude we dedicating this to abhaya - Cheyutha Women Empowerment Center at Hyderabad. We pray for her well-being for such a kind action on her Birthday." Just imagine how even Bangles connected such person to abhaya...come let's be brand ambassadors of abhaya...who knows who else will be connected like this through you for good work - K Ranga Rao, Trustee, abhaya











#### Sankranthi celebrated & Rangoli competition held

















అమీరోపేట: ఆమీరోపేట డివిజన్లో సంకాంతి జరుప్రకుంటునారు. బోగబాగ్యాలనిచ్చే బోగి పండుగ రోజైన శుక్రవారం ప్రాంతాలు, బస్టీల్ రంగురంగుల ముగులు వేసి గౌట్ఫెమ్మలను పెట్టారు. ప్రకటించినప్పటికీ ఎస్ఆర్నగర్లోని హైందవి an served విద్యార్తులు ముగ్గులు వేసి గాలి పటాలను ఎగురవేశారు. నండ్రాంతి పండుగకు పలుతోట్ల పతంగులు ప్రవేశ్ర

నిలిచాయి పతంగులను సంతోష నంబరాలు జరు ఎకున్నారు. ఇరు రాష్ట్రాల నుంచి నగరంలో సిరపడిన వారంతా ప్రయాణం కావడంతో నిత్యం రదీగా ఉండే ఆమీర్పేట ఎస్ఆర్నగర్ రోడ్డన్స్ట్ బోసిపోయి కనిపించాయి.



పద్మారావునగర్: బాలచంద ఆధ్వర్యంలో న్యూబోయిగూడలో కేస్ బా సంక్రాంతి రంగవల్లుల పోటీలు ని ర్వహించారు. ఈ పోటీలో విజేతలుగా ని లిచిన వారికి ఆభయ్ కుటు శిక్షణ కేంద్రంలో శిక్షణ పూర్తి చేసిన వారికి సర్హికికె ట్లు అందించే కార్వకమంలో, బహుమతులను అందజేస్తామని నుంట బాలచంద తెలిపారు.



బోయిగూడలో ముగ్గుల పోటీల్లో పాల్చొన్న మహిళలు



అమీర్ పేటలో పతంగులను ఎగురవేస్తున్న విద్యార్తులు



పోలీస్ శాఖ నార్త్ జోన్ చేయూత, అభయ ఫౌండేషన్ల సంయుక్త ఆధ్వర్యంలో న్యూబోయిగూడ కీస్ బ్లాక్స్ కమ్యూ నిటీ హాలులో శుక్రవారం, భోగి, సంక్రాంతి పండుగ సంద ర్పంగా ముగ్గుల పోటీలను నిర్వహించారు. ఇందులో కుట్టు శిక్షణా కేంద్రం నిర్వహిస్తున్నామని, శిక్షణ పూర్తయిన రోజున సర్టిఫికెటతోపాటు ముగ్గుల పోటీ విజేతలకు బహుమతులను అందజేస్తామని అభయ ఫౌండేషన్ వ్యవస్థాపకుడు సుంకు బాలచంద్ర, కీస్ బాక్స్ కమిటి అధ్యక్షుడు పి.సుధాకర్లు తెలి

అమీర్పేటలో భోగి మంటలు Sat, 14 January 2017 epaper.andhrajyothy.com//c/16108039







### abhaya Driving School @ Thirumalagiri, Secunderabad

Sri Venkata Ramana, RTO, Thirumalagiri teamed up with abhaya to initiate Driving Classes for unskilled unemployed youth registered at RTO Stall at Cheyutha. Motivated by Smt B Sumathi IPS, Founder personally visited RTA Office and it was so thrilling to receive wonderful reception by the entire staff at the office. The plan was discussed in detail.

RTO convened a meeting of all the staff at the office. Founder briefly spoke about abhaya and its Mission to empower the youth sought their support in Driving School. The staff assured their support. Based on the success of first batch, RTO said, they may offer a small space in their premises to conduct regular classes for students, unemployed and unskilled youth.



The abhaya Team called all the registered youth to gather at RTA Office during the 2nd week of January 2017. There were about 40 who expressed their interest to learn driving course. 20 people were shortlisted and briefed about the plan. With the guidance of RTO, Millennium Motor Driving School came forward to provide classes. Thus the first ever driving school with the support of Hyderabad City Police - RTA Thirumalagiri started.

Vijaya Bhaskar, Viswanath from abhaya Home coordinated the effort and Sri K Rangarao, Trustee who stays nearby agreed to visit the students and guide. RTA staff assured their good support. Now the 15 students got their Learning Licenses. The classes will be concluded in 2 weeks time.























#### abhaya Women Empowerment Center, Telecom Colony, Secunderabad



We are happy to inform that, with Grace of Bhagawan Satya Sai Baba, the 5th Course for Tailoring and Fashion Designing classes have started from 5th December 2016 and classes are in progress very regularly as per the academic schedule and 33 students are attending the classes very regularly with enthusiasm.

Mrs.Naga Jyothi and Mrs, Kavita who are beneficiaries

of 4th batch are helping Mrs.Krishnaveni in conducting the classes and practical session, Abhaya appreciate their interest and spirit to help others, Prayers for their wellbeing. Founder has visited the center on 9th Jan 2017 and spoken with the student on Life skills and motivated them.

abhaya identified about 35 beneficiaries at Boyaguda who are registered their names at Hyderabad City Police "Cheyutha" program. Mrs. Krishaveni is taking weekly 2 classes, about 30 students are regularly attending the classes.

Ms. Padmakiran, Lady Enterprenure knowing about abhaya at Cheyutha Program visited the Center for couple of times and agreed to provide uniform stitching to the women members who finished their course on job work basis.

Rangoli Competition is organised on the eve of Sankranti Festival, all the students are participated in the competition very enthusiastically and prizes are distributed to the best performers by Founder.



Fan clamps used in the manufacturing fans being assembeled by Sudhir Enterprises...Ms Alka Agarwal who is the member of EC of CoWE, Hyderbad who got connected to abhaya through Ms Geeta Goti, President, CoWE visited abhaya Empowerment Center, Secbad...appreciating the efforts, given job work for unemployed ladies of Centre. Thanking her for the kindest support. - KNS Krishna Veni and Ranga Rao Kothamasu, Coordinator, abhaya Women Empowerment.



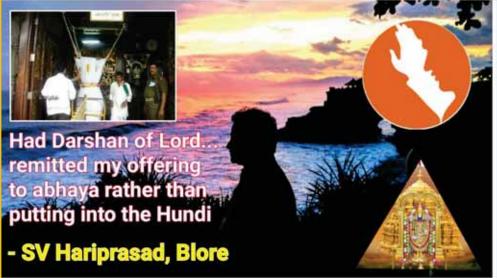


### "HEAR "

### **Transformation Update**



FOUNDATION





I went to Tirumala Tirupati temple yesterday and was supposed to put an amount into Sreevari Hundi. But as it's said, "ManavaseveMadhava seva" I thought it would be apt to put the same to be used on the good work done abhaya b y Foundation.I thank God for giving me an opportunity to serve others through abhaya... SV Hariprasad, **Bengalore** 

### abhaya remembered Swami Vivekanandha on his Birthday

12th January, 2017 marks the 154th birthday of Swami Vivekananda whose philosophy and ideals deeply inspired and fueled me in living with a purpose -abhaya Foundation giving a clarion call to the masses through a unique blend of Spirituality and Morality to evoke the feelings of fervent nationalism was the hallmark Vivekananda's teachings. He taught that 'To be good and to do well unto others' is the true essence of religion. It showcases



the universal nature of the Religion he propagated. On the morality front, Vivekananda amply stressed on building character. His message remains relevant even today. We must forever strive to attain the spirit of brotherhood and unity through righteousness and fearlessness. I give my heartfelt greetings on this Swami Vivekananda Jayanti and urge everyone to commit our lives to his noble principles, making the country and the world a better place to live. **- CS Balachandra Sunku, Founder** 

#### Founder offered prayers for all

Offered prayers for the well-being of all beings at thy feet of Goddess Kanaka Mahaa Lakshmi, Burujupeta, Visakhapatnam...Mother was seen in a well and brought out, installed at the center of the road a century ago...Many miracles happened around installation, removal and reinstallation ages back. Everyone believe that Mother takes care of all those who seeks her grace. There is so much to see in the Gods own creation before we depart... The journey is on whenever it's possible for me while serving my fellow beings...

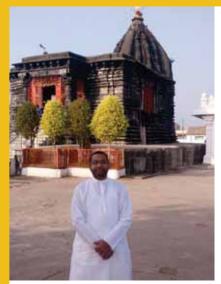
Felt blessed to have Darshan of Sri Varaha Lakshmi Narasimha Swamy at Simhachalam...The only place we can see presiding deity in dual form of Varaha & Narasimha (3rd & 4th Incarnations of Lord Vishnu) who killed demon brothers Hiranyaksha & Hiranyakadapa during Kruthayuga...

The route...The hills...the architecture...The atmosphere...The ambiance...The presiding deity... Every single aspect of Simhachalam is a must see to everyone in one's life time. The Lord appeared in dual form to grant divine Darshan to his devotee Prahlada and he has built the temple ages ago. Later in Kaliyuga all most all kings worshiped the Lord.

The lord in sanctum sanctorum always covered in Sandal paste and the same is removed only once in a year in Chandanothsavam in the month of Vaisakha.

I had the opportunity to pray to him for the wellbeing of all beings... Samastha Lola sukhinobhavanthu!





Had an opportunity to visit Sri Lakshmi Narayana Swamy at Jainad Temple located about 22KMs from Adilabad. The temple is a century old. Pallavas could have built it about 1000 years back. No suitable evidence as to who and how the temple was built with complete black stone. The prime diety Sri Lakshmi Narayana Swamy is 6 feet hight. No lights in side sanctum sanctorium...during the day...natural sun rays will glorify the entire diety and thats evident for our eyes... There is a huge lake for the temple in front of temple complex...I always puzzle to know how many places of this stature in our country. Thanks to Premsai who accompanied me from Adilabad - CS Balachandra Sunku, Founder, abhaya Foundation





Naga Jyothi...Nagabhushana Rao, Anilkumar & Nalabala Anjanaiah, granted by Bhagawan Sri Sathya Sai Baba to me in life...Who transformed my life and lead me to find the Purpose in life.

I happened to visit Uravakonda in Anantapuram Dist, AP to deliver a talk at Govt Degree College...I called the man of my life who made a heavenly

difference to me to be there in the seminar. He may have interacted with crores of Sai Devotees in the world since 5 decades...I was passionate to listen to him since my childhood. He is one Mentor in my life.

He is 82, but very kindly spared time to come to the college...sat there listening to me for close to 2 hrs and blessed me saying that. He is very happy to listen to my talk. Enjoyed it

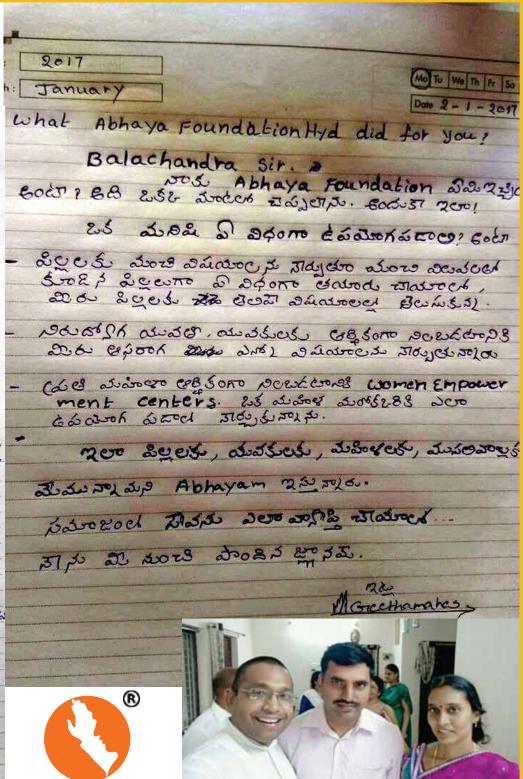
equally with students. Later, I visited at his home and briefed him as to what am i doing with the values they have imbibed in my life and sought his blessings. He used give me pocket money to serve the community around in the district.

Even today he engage himself in serving the Sri Sathya Sai Seva Organisation, India spreading the philosophy of Baba: Love All - Serve All. Prayers for his well-being. Feeling blessed to share this with all my friends – **CS Balachandra Sunku, Founder, abhaya Foundation** 



## Transformation... true way of living a life with values - Sai Geetha

2017 Mo Tu We Th Fr Sa (Su) Month: January Happy New Year Date 1-1-2017 ಕ್ಕೆ ಕ್ ನಾ ಆಗಳನ್ನು ಮಿಚ ಪಂಚುತ್ತುರುವ್ನಾನು. ತಾನ ಒತ ಸಂದಾರಣ ಗುಪ್ಪಾತಿ. २०१६ ಆ ಎಪ್ಪುಬ್ IMPACT specchs 2000 2500 (200000000000 30 Gentings) Cádiono Dooras. Gera Abhaya Foundation sos did గాప్ప ఆదర్శమైన సంస్థ. కాంకు ఈ రెండు ఎంటి ఆదర్శం. ఈ రెండ్ निवर्ष कावह क्षेत्र अल्ला क्षाक्र कार्य का ನಾಂಡಿ ಎಸ್ಟ್ ಕ್ ಆ ಆಡಿಸ್ನಲ. ಸ್ಟ್ರ್ ನಾ ಚಾವಿಆಂಗ ಎಂಡಿ ಮಾರ್ರುತುನ್ನಾನು. ಎಫ್ರುಟ್ T.V ಮತಂದು ತುರ್ಲುಂಪ ಸಾಸ್ TV ನಿ ಬಾಂಜಿಡಿಮ ಮಾನಿವಾಕ್ಯಾತು. 37 ಮ ಸಾದಾರಣ ಮಪಾಳ ಮ 30 ಮ. ಸಾಲಕ e32 35 P గుక్తింబాండ్. వెన్ల తెలు సుక్రన్న విషయాలన పది మందికి సంచడం (ಪಂಕಂ ಚಿಂಬಾನ್. ಕಡಿ ಸಾಲಕ ಎಂಡು ಮಾರು ನಿರ್ಮಪ್ರಿಸಿಂಡಿ. ಸ್ರೌಕ ಮುಂದು ಮಾಡುಟಿಕ್ ಸಮಾಜಂಡಿ ಮಂಚಿ ಮಾಡ್ನುನ ఆశిస్త్రవాల్లను, మైను ఎప్డేవా సాందించ్పగలను డ్రమ్ నవ్వతం నాకుండేంది ಸ್ ಎ ವಿರ್ಧೆಯಿಂದ ಕ್ರಿಸ್ಟ್ ನ್ (ಬೆಟಿ ತೊಂ ವಿಲ್ಲಾನೆ ಸಹಿ ದಾನ್ನಿ ಹೆಪಪಾರಿಸಿಂಬ್ ತ್ ನಿಕೆಂಆನ್ ಮನಂ Success & ಸಾಹಿತ್ತಾಂ. ఎంఆ కమం అయిన, ఎన్మి కవరాధాలు వబ్బిన మెన్లు ఉన్నున్ని & ನಂದಿ ತಿಂದೆ. పందారం వన్ని 6యన సరౌ ఓకీ లక్ష్మం నిర్ణయించు. ಕ್ರಾನಿ ವಾನಿ 5% % (ಪಟಿ ತಿಮಿಮ ಅಪಿ ಬಿಕ್ ಪಾನ್ನಿ ಸಂದಿಂಬೆಲ್ಲಾನಿ వానా డుఆ కడ్డుక్ ఆస్త పిజయానికి మాంద్రం ఉప్పడుంది. సాందారణ మైన మహిళ్ళె - ఈసాందారణ మైన మహిళగా మంద్రణ ముఖ్యంగా బాంలా మంది TV ల మందు కుర్చికి ఎంటా సమయం వృదాబౌకారు. Time విలవన కెలసుకోండి. ఎవరైనా సరౌ నెను మంచి ఫ్లాబ్యి తావాల ఈని కళ్ల పడడం ప్రారంబెన్నే ఆప్పకుండా ఆస్తాయికి వస్తారు. యంచా చక్రక్తి ఆఆడవనలె చుంచా సమాజంనకు క్లార్యం. ఇట్ల 1 Grectha Makes





### abhaya SoulDears



abhaya FOUNDATION

"Living LIFE is all about practicing HIS Teachings...
Let's resolve to be an IDEAL in the Country"



Saluting
The HERO
of INDIA

"तुम मुझे ख्रून हो

भैं तुम्हें आज़ादी बूंगा"

ProudzBindian Pacebook Pa



At last He laid himself for the Countr Let's live his message! that's true tributes to HII www.abhayafoundation.org



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National Youth Day 2017

INDIA is My Life...
INDIA is My Love...
INDIA is My Country...

Let Saffron give us sacrifice

Let White give us peace

Let Green give us prosperity

Let us stand together and make

India the Viswa Guru







Thank you Dear CS Rashida for the kind Annual Donation







#### Thanking Donors who joined as abhaya SoulDears

































#### CS DVK Phanindra celebrated his son Birthday at abhaya

Mrs. Kusuma Phanindra, seen the abhaya team enroute Khamman about 4 years back at a road side hotel. Founder and the team were heading to VIHE on Sept 5th for a Teachers Day event. She was inspired by the story of abhaya. CS DVK Phanindra is a Practicing CS Professional in Hyd. Both of them were blessed with Vishnu a year ago on the day of Vaikuntha Ekaadasi. He turned into one this year. They decided to donate to abhaya,got connected through FB and came along with family. They said, instead of spending an extravaganza on his birthday, they decided to donate. We have no words, we arranged for a small cake and made the little one cut it and added all our prayers for their wellbeing.

### **Feedback**

Sairam my dear Bala and the abhaya team members. I am immensely delighted and share with you to read abhaya newsletter and year end report of activity. The pictures are speaking and

depict Divine service spread, abhaya is conduction in the country and the way it is

inspiring several like-minded souls. This is an effort by the concern and god's grace that is producing the result. This will continue as long as it is selfless with a service motto combined with love and sacrifice, which is obvious in this endeavour. We pray at this time and occasion for Divine love and blessings to all those wonderful, concerned souls that have contributed to this Divine service. – **Srinivasulu Huggahalli, USA** 





### Important

### for abhaya Donors

abhaya SB Account at **Andhra Ban**k is designated account for **Foreign Contributions**.

All **Indian Donations** must be through **Axis Bank/State Bank of India/Yes Bank Do not deposit / transfer any Indian Donations in / to Andhra Bank**.

Quote Name, Nationality, Phone, Address, E-Mail & PAN while sending contributions















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